



Clark College  
ECONOMIC & COMMUNITY  
DEVELOPMENT

# Explorations

Continuing Education Class Schedule

Spring 2018



**flour·ish**

'flərɪʃh/

verb 1. grow or develop in a healthy or vigorous way

Register online at [ecd.clark.edu](http://ecd.clark.edu)  
or by phone 360.992.2939

## On the Cover: Careers and Connections Flourish with ECD

When the quarterly Explorations class schedule showed up in Nicole Sampson's mailbox in 2015, she browsed through the classes and wondered: Did she have the time to commit to another obligation? Are the classes really taught by quality instructors? Would the classes help her grow and develop professionally?

When she became more interested in learning about search engine optimization (SEO), Nicole turned to the Economic and Community Development website to find exactly what she wanted to learn. With a time commitment of just two hours a week for four weeks, she was encouraged to give it a try.

Prior to taking the Business SEO and Internet Marketing classes taught by Lacey Faught, Nicole worked in business development for a healthcare company. She took Lacey's classes hoping to learn how to discern legitimate SEO marketing companies from less reputable ones. According to Nicole, the classes taught her to make sound professional decisions and Lacey's entertaining instructional style made the class fun and informative.

However, it wasn't just what Nicole learned that made an impact on her life, but also the connections and networking opportunities ECD classes provided.

Nicole and Lacey stayed in touch after the classes finished and when Nicole left her job, she contacted Lacey to inquire about freelance work with Lacey's digital marketing company. It didn't take long for Lacey to realize Nicole's excellence as a student extended to her professional skills, and she enthusiastically asked Nicole to join her company, run operations, and become part owner. Nicole accepted!



On the cover: Lacey Faught, left and Nicole Sampson, right and above, met in professional development classes in 2015, and are now business partners.

Together, they've utilized their skills to rebrand the business, expand by two employees, and open an office to support their growth—all while maintaining a great work-life balance. These two business partners are truly flourishing and ECD could not be prouder of their success.

Nicole is eager to continue learning at ECD and looks forward to taking small business finance and budgeting classes in the future. She encourages anyone thinking about classes to go for it. "The classes are worthwhile and classrooms are well-equipped," Nicole says. "For the tuition price, you can't find a better value around town."

Nicole is not the only student who has flourished at ECD. Enjoy reading other stories highlighting the successes of past students throughout the schedule. You can also learn how Lacey continues to flourish as an instructor on page 6.

*Cover photography courtesy of Blue Blazes.*

*"The classes are worthwhile and classrooms are well-equipped. For the tuition price, you can't find a better value around town."*

Clark College Explorations Continuing Education  
Class Schedule (USPS 22952)

Volume 19, No. 3, Spring 2018

Published quarterly by Clark College  
Economic & Community Development,  
Clark College,  
1933 Fort Vancouver Way, CCE 202,  
Vancouver, WA 98663-3598

Periodical postage is paid at Vancouver, WA

POSTMASTER send address changes to:  
Clark College, CCE 202, 1933 Fort Vancouver Way,  
CCE 202, Vancouver, WA 98663-3598

Register today online at [ecd.clark.edu](http://ecd.clark.edu)

# WHAT'S INSIDE

## TECHNOLOGY

Programming .....	3
Digital Devices .....	3
Computer Basics .....	3
Web Development.....	4
Web Design .....	4
Graphic Design .....	4



# 3-4



HEALTHCARE

## WORKPLACE

Career Skills .....	4
Management/Leadership .....	5
Non-Profit Management .....	5
Marketing & Communications..	6
Accounting & QuickBooks .....	7
Small Business • Trades .....	7
Healthcare .....	8
Certificate Programs .....	9
K-12 Educators.....	9



# 4-9



MIND BODY & STYLE

## PERSONAL ENRICHMENT

Music • Writing.....	10
Arts & Crafts .....	11
Painting.....	12
Photography .....	12
Lifelong Learning .....	13
Languages.....	14
Mind Body & Style.....	14
Cooking .....	15
Personal Finance .....	16



# 10-16



ART

flour-ish

## RECREATION & WELLNESS

Outdoor Activities .....	16
Fitness .....	17
Dance .....	17
Health.....	17
Home & Garden .....	18



# 16-18

## **P** Where can I park?

### **Downtown Campus:**

500 Broadway, 2<sup>nd</sup> floor  
Park at metered parking on south end of building—enter at end of Main St—turn left into attached City Parking Garage, eves & weekends no charge

### **Main Campus:**

1933 Fort Vancouver Way  
Park for free in any unmarked spot

### **Columbia Tech Center**

#### **(CTC) Campus: Eastside**

18700 SE Mill Plain  
Park for free in any unmarked spot

## MATURE LEARNING

Arts & Writing.....	19
Technology .....	19
Fitness .....	19
Afternoon Academics .....	20



# 19-20

## INFORMATION

Maps/Location • Registration • Policies & Disclaimers

# 2&16

### *Refund Policy*

*We will gladly provide a refund when you request three business days prior to the first class date. There will be a 10% handling charge for all refund requests, unless otherwise noted within the course description.*

### *Affirmative Action/Equal Opportunity Institution*

*Clark College does not discriminate on the basis of race, color, national origin, age, perceived or actual physical or mental disability, pregnancy, genetic information, sex, sexual orientation, gender identity, marital status, creed, religion, honorably discharged veteran or military status, or use of a trained guide dog or service animal in its programs and activities.*



# INFORMATION



**DOWNTOWN**  
Economic & Community  
Development - ECD  
500 Broadway Street #200  
Vancouver, WA 98660

Park at metered parking on  
south end of building –  
enter at end of Main St –  
turn left into attached  
City Parking Garage, eves  
& weekends no charge



**EASTSIDE**  
Columbia Tech Center - CTC  
18700 SE Mill Plain Blvd  
Vancouver, WA 98683

Park for free in any  
unmarked spot



**MAIN CAMPUS**  
Clark College - CC  
1933 Fort Vancouver Way  
Vancouver, WA 98663

Park for free in any  
unmarked spot

**Campus  
Locations  
and  
Parking**

## 5 Ways to Register

- 1. Online:** Visit [ecd.clark.edu](http://ecd.clark.edu)
- 2. Phone:** Call 360-992-2939, ext 1  
Monday-Friday 8:30AM-5PM
- 3. Mail:** Mail in your registration form\* and check or money order to:  
1933 Ft. Vancouver Way,  
MS CCE 202  
Vancouver, WA 98663
- 4. In Person:** Come into Economic & Community Development, we are conveniently located on the second floor of the Columbia Bank Building in downtown Vancouver.  
500 Broadway Street, Ste 200  
Vancouver, WA 98660  
Monday-Friday 8:30AM-5PM

\*Registration forms can be downloaded at  
<http://ecd.clark.edu/registrationform.pdf>

We gladly accept checks, Visa, Mastercard and Discover for your convenience

## Legend



Indicates online class

### Class Schedule Explanation

Campus	course #	days	time
	cost	room #	instructor

#### example:

Downtown	days	time
R173	5/26-6/9 Th	6:30-8:30PM
\$69	CCE Rm: 210	C. Lewelling

## Off Campus Locations

**HDG** Hazel Dell Grange  
7509 NE Hazel Dell Ave  
Vancouver, WA 98665

**TMG** Tri Mountain Golf Course  
1701 NW 299th St  
Ridgefield, WA 98642

**RWR** Ridgefield Wildlife Refuge  
1071 S Hillhurst Rd  
Ridgefield, WA 98642

## Campus Locations

Visit <https://ecd.clark.edu/about/campus-locations.php> to find campus locations.

### Eastside CTC:

CTC Clark College at Columbia  
Tech Center  
18700 SE Mill Plain Blvd,  
Vancouver, WA 98683

### Downtown ECD:

CCE Clark College  
Corporate Education  
500 Broadway St., Suite 200  
Vancouver, Wa 98660

### Main Campus CC:

1933 Fort Vancouver Way  
Vancouver, WA 98663

- APH Anna Pechanec Hall
- AA4 Applied Arts 4
- BMH Beacock Music Hall
- FHL Foster Auditorium
- FAC Frost Arts Center
- GHL Gaiser Hall
- HHL Hanna Hall
- JSH Joan Stout Hall
- OSC O'Connell Sports Center
- SBG STEM
- SHL Scarpelli Hall

## PROGRAMMING

### How to Get Started in Game Development

Explore fundamentals of game development and get an overview of game genres, platforms, and audiences. Learn tools and techniques to help you make better design decisions and achieve greater efficiency as you develop your own games. Gain hands-on experience in many of the game development processes. By the end of the course, you will have the experience and confidence to start developing your own game.

*Staggered Start Dates, Register Anytime.*



R297 3/17-6/15  
\$115 Ed2Go

### Introduction to Java Programming

Enjoy a tour of Java, one of the most widely used computer languages in the world. Explore the basics of programming. Go on to write your own programs and integrate input and output, calculations, decision making, and loops. Build your knowledge and confidence with easy-to-understand examples and plenty of skill-building exercises.

*Staggered Start Dates, Register Anytime.*



R295 3/17-6/15  
\$115 Ed2Go

### Introduction to Python 3 Programming

Enhance your resume by adding Python 3 to your programming skills! Discover how to create basic programming structures including decisions and loops. Learn object-oriented programming with classes and exceptions. In addition, you'll explore unique Python data structures, such as tuples and dictionaries and create Python programs with graphic elements that range from simple circles and squares to graphical user interface (GUI) objects, like buttons and labels.

*Staggered Start Dates, Register Anytime.*



R296 3/17-6/15  
\$115 Ed2Go

## DIGITAL DEVICES

### Intro to Android Smartphones

Gain the most usage from your Android smartphone or tablet by learning how to customize for your lifestyle. Learn to understand your phone's hardware, settings, and Google software. Review the best practices for managing Google applications: Photos, Email, Calendar, and online storage. Bring your fully charged Android smartphone or tablet to class. Gmail account required.

**Downtown**

R267 5/29-6/12 Tu 6:30-8:30PM  
\$89 CCE Rm: 207 C. Jackson

## COMPUTER BASICS

### Excel I & II

Learn the basics of Excel as well as its powerful features, formulas, and functions. Navigate within a worksheet and use the Ribbon to execute commands. Create charts, format with themes, work with conditional formatting, use names to reference cells and ranges, sort worksheet data, use multiple worksheets, link cells and formulas. Understand the advanced functions and data analysis, create tables and outlines, and utilize graphics and templates. Prerequisite: beginning Windows skills. Purchase textbook prior to class. Bring a flash drive to class. Earn a Microsoft Office Specialist certification! This course will qualify you to sit for the exam.

**Downtown**

R263 4/10-5/29 Tu 6-9PM  
\$229 CCE Rm: 210 Staff

### Introduction to Microsoft Access 2016

Take control of your data! Learn how to harness the power of Microsoft Access 2016 to organize, store, edit, manage, and report on hundreds of thousands of records. Start with basic database concepts and structures and learn to build and customize tables to store data. With that foundation in place, move on to relational databases, and see how you can use them to build forms, generate reports, and search for data with queries across thousands of records in hundreds of tables.

*Staggered Start Dates, Register Anytime.*



R300 3/17-6/15  
\$129 Ed2Go

### Introduction to Microsoft Word 2016

One of the most in-demand skills needed in any job is writing reports and letters using Microsoft Word 2016 (now available through Office 365). In this course, you'll gain the foundational skills you need to make the most of this powerful program. Through hands-on instructions, you'll learn how to add and edit text, move words from one part of your document to another, work on two or more documents simultaneously, and format your text. You'll also see how to save, retrieve, copy, organize, and print your documents.

*Staggered Start Dates, Register Anytime.*



R301 3/17-6/15  
\$129 Ed2Go

### Introduction to PC Troubleshooting

Explore the typical hardware and operating system problems encountered by technicians step-by-step. Discover troubleshooting techniques to decipher simple problems, and gain the skills you need to solve them.

*Staggered Start Dates, Register Anytime.*



R299 3/17-6/15  
\$115 Ed2Go



## TECHNOLOGY

### Introduction to PC Security

Understand and explore the many vulnerabilities of operating systems, software, and networks. Find out why, where, and how viruses, worms, and blended threats are created. Identify and work to prevent DoS (denial of service), SYN flooding, and other network attacks. Learn a safe way to share files and data across the internet through a virtual private network (VPN). Learn how to install and configure a firewall to build an impenetrable moat around your computer or network.

*Staggered Start Dates, Register Anytime.*



R298 3/17-6/15  
\$115 Ed2Go

### Introduction to 3D Printing

3D printing has been hailed as a solution to all manufacturing problems. That may be exaggerated, but what is it good for—and when is traditional manufacturing still the better choice? In this course you will learn how to separate the real promise of the technology from the hype and understand the workflow for a consumer-level 3D printer. You will become familiar with some typical online databases of objects available to print, while getting a bit of experience with free or open-source software for all stages of the process. This class will be primarily focused on introducing you to the tools of the open 3D printer ecosystem, but the principles will apply to consumer 3D printers in general.



R307 6/4-6/29  
\$195 LERN

### INSTRUCTORS WANTED!

**Share your expertise!**

*Instructors are needed to teach the following topics:*

- Accounting • CyberSecurity
- Microsoft Office Suite
- Hospitality/Tourism/Service
- Beginning Computing
- Leadership Theory & Skills

*Additional topics will definitely be considered!*

**Contact Jessica Johnson  
JJohnson@clark.edu, 360.992.2521**

## WEB DEVELOPMENT

## Creating Mobile Apps with HTML5

Discover how to imagine, design, build, and optimize a cross-platform mobile app using the very latest HTML5 standards. The result will be a fast mobile app that runs on just about any smartphone or tablet. You'll also learn some of the most sought-after skills in web and mobile development.

*Staggered Start Dates, Register Anytime.*



R305 3/17-6/15  
\$115 Ed2Go

## WEB DESIGN

## Creating WordPress Websites

Learn to build an attractive, sophisticated blog or website—without having to learn any special coding. Walk through the process from start to finish. You don't need any website publishing experience to be successful.

*Staggered Start Dates, Register Anytime.*



R303 3/17-6/15  
\$115 Ed2Go

## Creating Web Pages

Create and post your very own website on the internet using HTML in this extensive, hands-on, six-week workshop. With an instructor's patient guidance, you'll plan the content, structure, and layout of your website. You will then create pages, build links, add color, backgrounds, graphics, and tables to your webpage.

*Staggered Start Dates, Register Anytime.*



R302 3/17-6/15  
\$115 Ed2Go

## GRAPHIC DESIGN

## Photoshop I

Need to edit photos for web, print, or social media? Adjust, crop, remove objects, retouch, and repair photos all with Adobe Photoshop. Play with color and effects to turn the ordinary into something extraordinary. In this course learn how to crop a photo, how to modify it, and how to create a collage of multiple images while covering the basic principles, attributes, and vocabulary of Adobe Photoshop.

## Eastside

R268 4/28-5/5 Sa 12:30-3:30PM  
\$159 CTC Rm: 339 D. Alonzo

“Many thanks to Eric Holmes. *Modern Job Interview* was excellent because he used great examples and very memorable stories. The interview role play was so helpful!”

## Illustrator

Adobe Illustrator is a design tool for both professional and personal use. The industry-standard vector graphics program lets you create logos, icons, drawings, typography, and illustrations for print, web, video, and mobile devices. Prerequisite: basic computer skills or Computer Basics I.

## Main Campus

R269 5/12-6/2 Sa 9AM-12PM  
\$99 AA4 Rm: 102 V. Darling

## Introduction to InDesign CS6

Explore the best ways to use the features in this program to create different types of material, determine how to organize and name your files, and learn how to reuse items such as colors and artwork. By the time you finish the course, you'll not only be comfortable with the tools and features that Adobe InDesign CS6 offers, you'll also know the most efficient ways to use the program to produce the materials you need for your own work, recreation, or hobbies.

*Staggered Start Dates, Register Anytime.*



R306 3/17-6/15  
\$115 Ed2Go

## Lightroom for Photographers

Adobe Lightroom (Lr) is an essential tool for any photographer to organize and edit digital images. With hands-on projects, learn how to enhance everything from smartphone photos to raw DSLR images, using your computer and/or iOS/Android device. Whether you are an amateur or a professional, see how Lightroom can help you speed up your workflow, organize images, and share your photo library. Taught in a Mac lab.

## Main Campus

R265 4/19-5/24 Th 6-9PM  
\$149 AA4 Rm: 102 G. Stasiuk

## Photography for Business

Build your own professional photos for a portfolio, product catalog, or web site. Learn how to light and photograph small and large objects (such as jewelry, art, products, real estate interiors, home exteriors, and landscapes) without shadows or blown highlights. Discover Photoshop methods like Layer Stacking, re-sizing techniques and Soft Proofing to prepare the photos for both web and print. Mastering these techniques will save you time and money and make your products look great!

## Main Campus

R266 5/7-5/21 M 6-9PM  
\$89 AA4 Rm: 102 G. Stasiuk

## CAREER SKILLS

## Modern Job Interview Workshop

The most intimidating step of the job hunting process is the job interview. With multiple factors to consider, interviewees must plan for their interviews and strategize about how to best position themselves. Learn about the best (and worst) time and day to interview, body language and attire, the importance of research, the one interview question that must be nailed, the simplest but wildly effective answer strategy, illegal interview questions, plus dirty interview tricks and how to avoid them. Students will practice their interview skills live in class.

## Downtown

R262 4/21 Sa 1-5PM  
\$49 CCE Rm: 208 E. Holmes

## NEW Strategic Volunteerism for Career Growth

Have you been thinking of transitioning into a not-for-profit job from your career in the corporate world? Are you a job seeker looking to make more of an impact on the world than just a paycheck? Have you been out of the workforce for a time and need to brush up on your skills? Learn how to find a volunteer position that helps you explore new career paths or build your skill set to prepare you to transfer your business skills into the nonprofit world. Discover how to manage expectations and how to find a volunteer position that will accommodate the real time you have to offer.

## Downtown

R276 4/11 W 6:30-8:30PM  
\$39 CCE Rm: 208 M. Hale

## Administrative Assistant Fundamentals

Discover and master the essentials of managerial and staff support, information and records management, communications technology, travel and meeting coordination, space planning, and office ergonomics. Become an indispensable member of your team by identifying and implementing solutions to turn your office into a high productivity machine.

*Staggered Start Dates, Register Anytime.*



R326 3/17-6/15  
\$115 Ed2Go

## Spanish for Customer Service

This online Spanish for customer service course features vocabulary and phrases for account payments, returns, warranty, serving dissatisfied customers, and much more. Knowledge of job-related vocabulary and phrases can help increase customer satisfaction and sales.

*Staggered Start Dates, Register Anytime.*



R327 3/17-6/15  
\$99 MySpanish Teacher

## MANAGEMENT & LEADERSHIP

### Supervisory Leadership in Management

Learn to improve working relationships, reduce friction, and motivate your team to achieve positive results. Focus on your abilities and strengths as we discuss the importance of clear communication, interpersonal and relationship building skills, conflict management, and effective ways to provide feedback—everything needed to enhance productivity and help your organization succeed.

#### Downtown

R272 4/21-4/28 Sa 9AM-1PM  
\$149 CCE Rm: 207 J. Blackwood

### Soft Skills in the Workplace

A good portion of your day is spent in the workplace, so knowing how to get along with others will impact your success. Sounds, smells, confidentiality issues, personal space, use of common areas, and meeting etiquette all play a role in creating a more enjoyable and productive environment for everyone. Electronic communication is also a part of the workplace—in today's world of smart phones, texting, and email, where you use (or don't use) these devices can have as much impact as how you use them. Your choice of words and actions, along with your proficiency with the various technological modes of business communication, are a simple and important way for you to distinguish yourself.

#### Eastside

R273 5/8 Tu 1-5PM  
\$89 CTC Rm: 335 J. Blackwood

### Meet over 100 Employers at

### CLARK COLLEGE'S CAREER FAIR 2018

Thursday, May 3  
11AM-3PM  
O'Connell Sports Center

**FREE to all job seekers!**

**For more information, please contact:**

Scott Clemans  
[sclemans@clark.edu](mailto:sclemans@clark.edu)

### NEW Banishing Burnout through Values Alignment

Feeling tired, time-strapped or on the verge of burnout? Discover how to identify the values most important to you—and get tools to apply them, creating a unique time and schedule management tool to meet your needs. Banish burnout from your workplace or personal life by aligning your schedule with your values. Walk away from this workshop with new personal insight and a personalized schedule management plan. Workshop includes personal reflection time, group discussion, and teaching sections.

#### Eastside

R274 5/12 Sa 9AM-12PM  
\$89 CTC Rm: 338 J. Johnson

### NEW Leveraging the Greenspace Boost as Leaders

Give your leadership or management practices a powerful boost by conducting meetings and deep work in a greenspace instead of the office! Learn the cognitive, physiological, emotional, and relational advantages nature provides team leaders and decision makers. Create a personal strategy to leverage the natural greenspace boost in your weekly work routines. Experience the impact during a walk along the Columbia River to take advantage of our beautiful surroundings while expanding your potential for impact. Beginners to advanced leaders and managers welcome.

#### Downtown

R275 6/9 Sa 9AM-12PM  
\$89 CCE Rm: 207 J. Johnson

### Your Workplace, Your Employees & The Law

Every management team needs a roadmap for effectively handling complicated employee-related issues that affect today's legal-prone work environment. Learn the methods and techniques for successfully managing employees and for complying with state and federal workplace laws.



R313 5/7-6/1  
\$195 LERN

### Onboarding New Employees

Ensure a smooth transition from best candidate to star employee. Learn the process of socializing new employees into the organization during and after recruitment. Understand how onboarding of employees begins well before traditional new-hire orientation and has long reaching implications, including an impact on the financial health of an organization. You will conclude the class with an Onboarding Program for use in your own organization.



R259 6/4-6/29  
\$195 LERN



## WORKPLACE

### Achieving Success with Difficult People

Would you like to learn how to have more successful relationships with difficult bosses, coworkers, students, neighbors, or family members? Get helpful information for understanding yourself, solving people problems, improving your relationships, as well as personal and professional productivity. *Staggered Start Dates, Register Anytime.*



R312 3/17-6/15  
\$115 Ed2Go

### Project Management Fundamentals

Are you organized, perceptive, detail-oriented, and an excellent communicator? You may have what it takes to succeed in the fast-growing field of project management. Master the essentials of project management from an experienced Project Management Professional. *Staggered Start Dates, Register Anytime.*



R316 3/17-6/15  
\$115 Ed2Go

## NON-PROFIT MANAGEMENT

### Fundraising Basics & Grant Writing

Understand what it takes to be successful in fundraising and earn more grants for your organization. Learn about building a strategic plan, knowing the role of a non-profit board, and identifying different fundraising techniques such as crowd-sourcing, special events, donations, foundations, and grants. Practice developing case statements and budgets for proposals, while learning how to measure the community impact of your projects.

#### Downtown

R270 5/2-5/9 W 9AM-1PM  
\$99 CCE Rm: 207 G. Palmer

**“The content taught in Fundraising Basics & Grant Writing is vital to board members of non-profits... vital!”**

INSTRUCTOR SPOTLIGHT | Lacey Faught



Teaching with ECD is an excuse for Instructor Lacey Faught to keep learning. Not only does she need to stay on top of current digital marketing trends and techniques, but she also must learn them well enough to explain them to people who have many different levels of technical expertise. This variety among students challenges her to learn her craft from front to back... which she loves!

Lacey began teaching with ECD so she could share her knowledge with people who may not be able to afford her official business services. . Nothing is more fulfilling to her than seeing students leave her classes better suited to sell their product/service or promote their business.

To anyone considering teaching with ECD, Lacey wants you to know that “the staff at ECD care about helping you succeed. If you love to teach and have a skill to share, consider applying to teach a course at ECD. You have nothing to lose!”

MARKETING & COMMUNICATIONS

Effective Presentations

Your ability to communicate effectively and confidently is critical no matter what your industry or experience. Whether you present face-to-face in meetings, in virtual settings, via teleconferencing, or in front of a large group, there are essential parts of your presentation to manage and skills to master. Explore presentation skills: delivery style, anxiety management, content structure, and Q & A facilitation. Immediately apply what you learn in class, practice and receive coaching and feedback. Beginners to experienced speakers welcome.

Eastside

R261 4/14-5/5 Sa 10AM-12PM  
\$189 CTC Rm: 210 J. Payne

Creating Promotional Video

Companies using video enjoy 41% more web traffic than those not using video, according to Aberdeen Group. Learn how to produce product and promotional videos for your business. Create a short video of your choice to gain the technical skills while examining stylistic techniques for business and corporate videos and the impact of editing decisions. All filming will be done outside class and each session will provide time to edit your projects.

Eastside

R271 5/12-6/2 Sa 1-3PM  
\$169 CTC Rm: 339 D. Alonzo

Writing Essentials

Whether you're hoping to get a better job, write for a blog, or publish your short story, this online course will give you the writing tools you need for success. It's also a perfect choice for students who speak English as a second language. Gain confidence to express yourself clearly and persuasively in writing—both in your personal life and in the business world.

Staggered Start Dates, Register Anytime.

R310 3/17-6/15  
\$115 Ed2Go



Grammar Refresher II

Take your grammar and writing skills to the next level! In this course, you'll review the foundational elements of grammar, including the parts of speech, and master the basics of punctuation and mechanics. See how different phrases and clauses fit together in sentences so that your writing is clear, concise, and meaningful. Finally, put your skills to work as you explore practical business writing, paragraph writing, and even formal essay writing.

Staggered Start Dates, Register Anytime.

R311 3/17-6/15  
\$115 Ed2Go



Attracting Customers to Your Website

Attract more people to your website to build your business! Become knowledgeable about Search Engine Optimization (SEO) and Internet Marketing practices. Learn basic techniques and how to apply them to reach potential new customers. Understand the differences among online channels and learn how to post content and advertise for results that are tangible and easy to track.

Main Campus

R251 5/9-5/30 W 6-8PM  
\$109 AA4 Rm: 102 L. Faught

Digital Marketing Certificate

Come get a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your web site traffic, doing Search Engine Optimization (SEO), and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No eMarketing experience or expertise is necessary. Our instructors are experts and can provide the latest and most advanced information to answer your toughest questions.

R255 5/7-8/31  
\$495 LERN



Podcasting

Businesses are turning to podcasting to grow their brands and connect with customers. People with a niche hobby are turning podcasts into a business. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online.

R309 6/4-6/29  
\$245 LERN



Google Analytics

This course, aimed at non-technical users, will take you through all the key techniques and how to use website analytics using the world-standard Google Analytics, a free online tool. You'll understand your visitor traffic better, learn how to calculate return on investment (ROI) for your online advertising, and find out how to get more conversions and sales from your website visitors.

R308 6/4-6/29  
\$195 LERN





“Kevin Boyd taught in a very interesting and practical form. His eBay course offered an array of options and resources. He is an excellent instructor!”

**ACCOUNTING & QUICKBOOKS**

**QuickBooks I & II**

Building on your basic understanding of accounting processes, this extended class covers estimating, time tracking, job costing, sales tax, plus how to self-audit your books and prepare them for an accountant. Develop the ability to use QuickBooks to set up or more effectively manage your company's accounting system. Properly set up your data file, invoice services and products, manage bank accounts, pay bills, and record credit card transactions. Discover helpful tips, tricks, and shortcuts.

**Downtown**

R252 4/12-5/24 Th 6-8PM  
\$339 CCE Rm: 210 M. Raia

**QuickBooks Payroll**

Bring payroll processing in-house. Learn all the ins and outs of payroll processing, in conjunction with federal and state tax compliance. Master employee set up, payroll processing, and quarterly reporting along with e-paying and e-filing within your QuickBooks program. For Oregon and Washington employers. Prerequisite: QuickBooks I & II. Feel free to bring a laptop.

**Downtown**

R253 5/31-6/21 Th 6-8PM  
\$189 CCE Rm: 210 M. Raia



The new Landlord-Tenant Law Crash Course is a must for all current and prospective Landlords!

**SMALL BUSINESS**

**eBay Selling—Basic & Advanced Strategies**

Discover if your item will sell or not in just one minute! Learn how to create a seller account, upload photos, accept PayPal payments, and determine shipping costs. Includes insider tips, tricks and traps, what to sell and not sell, as well as where to get free shipping supplies and free home pickup. Learn photography tips to make your items pop, the advantages of drop shipping, plus the bestselling strategies for antiques, collectibles and items too big to ship. Lecture.

**Eastside**

R254 4/23-4/24 M, Tu 6-9PM  
\$99 CTC Rm: 210 K. Boyd

**Create a Website for Fun, Profit & Business**

Discover easy-to-use, drag-and-drop design tools that can build your personal or small business website quickly, with no programming required! Covers website planning and layout, Search Engine Optimization (SEO), social media marketing, and the tips and traps of website design. Plus, how to create money-generating affiliate websites. Taught by a multi award-winning instructor and published author from Seattle. Lecture.

**Eastside**

R260 4/25 W 5:45-9:15PM  
\$69 CTC Rm: 210 K. Boyd

**NEW Landlord-Tenant Law Crash Course**

Learn Washington State Landlord-Tenant law from a practicing attorney to better manage tenants and avoid the common pitfalls landlords experience. Learn the law behind: advertising, rental applications, landlord duties, security deposits, discrimination, and evictions. If you are a landlord or interested in the idea of becoming one, understanding Washington state Landlord-Tenant law correctly is highly important! Come with questions and leave knowing how to legally manage your tenants.

**Downtown**

R256 4/17-5/8 Tu 5:30-7:30PM  
\$129 CCE Rm: 207 G. Foster

**Social Media for Business**

Social media is a must for businesses! If you are not on Facebook, Twitter, YouTube, or other social media channels, you may be missing opportunities to engage with your customers and build your business. Learn the basics of choosing the best social channels, establishing good social media accounts, and setting up a content strategy for each to keep your customers engaged. Learn to run successful campaigns and use ads to increase your business following and ultimately your bottom line.

**Main Campus**

R250 4/11-5/2 W 6-8PM  
\$109 AA4 Rm: 102 L. Faught



**TRADES**

**NEW NAI Interpretive Guide Certification**

Gain the theoretical foundations and practical skills of being an excellent interpretive guide. Learn the history, definition, and principles of interpretation. Discover how to make your programs purposeful, enjoyable, relevant, organized, and thematic, while using tangible objects to connect audiences to intangible ideas and universal concepts. National Association for Interpretation Certification requirements: fifty-question literature review, program outline, and ten minute presentation. All materials, workbook, and textbook included. Ages 16 and over.

**Downtown**

R287 4/18-5/23 W 9AM-3PM  
\$359 CCE Rm: 214 P. Barry

**Flagging Certification**

Learn professional flagging techniques and proper work zone set-up in accordance with standards and guidelines of the Federal Manual on Uniform Traffic Control Devices (MUTCD). Upon successful completion, receive a Washington State Department of Transportation (WSDOT) flagger card valid in Washington, Oregon, Idaho, and Montana (valid for three years). Also receive an ATSSA National card valid in all other states (valid for four years). Fee includes textbook and ID cards. Students 18 and over must bring valid photo ID to class.

**Downtown**

R283 4/14 Sa 8AM-5PM  
\$99 CCE Rm: 207 R. Bunker

**Downtown**

R284 5/12 Sa 8AM-5PM  
\$99 CCE Rm: 207 R. Bunker

**Downtown**

R285 6/9 Sa 8AM-5PM  
\$99 CCE Rm: 208 R. Bunker

**Veterinary Assistant**

Do you love animals? Have you ever thought about a career as a veterinary assistant? This course, taught by a practicing veterinarian and college instructor, will give you the information you need to prepare for work in veterinary hospitals. Special lessons will target specific aspects of veterinary assistant duties. You'll also understand the hazards of working in a veterinary setting so that you can protect yourself from x-ray exposure, infections carried by animals, and potential injury from teeth and claws.

Staggered Start Dates, Register Anytime.

R317 3/17-6/15  
\$115 Ed2Go



HEALTHCARE

**Adult Family Home (AFH) Orientation Class**

A one-day class providing an overview of the AFH program and expectations of the AFH licensee in providing care and services to the residents in a licensed home setting. Explore an overview of the process prospective providers will follow to obtain an AFH license. Meets the requirement (see Washington Administrative Code [WAC] 388-76-10060) to turn in the Washington State application for licensure. Upon completion students will receive a certificate valid for one calendar year from the date of attendance.

**Downtown**

R279	5/8 Tu	9AM-4:30PM
\$39	CCE Rm: 214	A. Jones

**DSHS Adult Family Home Administrator Training**

Meet the Washington State DSHS Adult Family Home Administrator education requirement for Adult Family Home business owners (provider) to become licensed as an Adult Family Home (AFH) provider or to be employed as a Resident Manager. Learn the concepts and principles of adult home management. Examine the roles and responsibilities of a licensed provider, the licensing process, business operations of the home, staff management, resident care issues, and resident rights. Students will be assessed on their proficiency prior to the start of class in English, reading, writing, and math. You must have a 6th grade level (ABE 3) in English and a 4th grade level (ABE 2) in math. Basic computer skills are also required including accessing the internet, Microsoft Word and Microsoft Excel.

**Downtown**

R277	4/12-4/27 Th, F	8AM-5:30PM
\$675	CCE Rm: 210	S. Potts, M. Lewis
R278	6/14-6/29 Th, F	8AM-5:30PM
\$675	CCE Rm: 210	S. Potts, M. Lewis

*“I came in empty, but left loaded with knowledge.”*  
—Adult Family Home Admin

**DSHS Dementia Level I, Specialty Training**

Gain specialty training for caregivers working in long-term care settings with dementia patients. The DSHS-approved certification curriculum covers the different types of dementias, communications, behaviors, hallucinations, delusions, medications, and approaches in care as you assist folks with their activities of daily living (ADLs).

**Downtown**

R280	5/2 W	9AM-5PM
\$95	CCE Rm: 208	S. Potts

**DSHS Mental Health Specialty Training (For Caregivers)**

Gain specialty training and obtain an introduction to the most common psychiatric disorders recognized in the elderly. This course is for caregivers in long term care settings. Review the symptoms, treatment options, care giving considerations, communication skills, multicultural considerations, resident struggles, medications, and caregiver self-care.

**Downtown**

R281	5/4 F	9AM-1PM
\$95	CCE Rm: 207	S. Potts

**DSHS Mental Health Specialty Training (For Managers)**

Gain specialty training and obtain an introduction to the most common psychiatric disorders recognized in the elderly. This course is for caregivers in long term care settings. Review the symptoms, treatment options, care giving considerations, communication skills, multicultural considerations, resident struggles, medications, and caregiver self-care.

*Manager Training: return within one week of taking the class to take the manager’s exam and receive your certificate.*

**Downtown**

R282	5/4 F	9AM-5PM
\$120	CCE Rm: 207	S. Potts

**DSHS Adult Education—LTC Educators**

Teach the Teacher! As the demand for quality long-term care services is increasing, so is the need for quality education. Everyone can learn something in this training, regardless of experience. Understanding adult education theory helps us understand our own beliefs and thoughts on educating and helps us to understand others. It is the foundation that adult education is built on and is different than the education of children. As an instructor, you should be aware of the differences between learners. Becoming aware of the differences should motivate you to rely less on one-way communication and more on facilitation. This class is for LTC Educators.


**Downtown**

R293	5/7 M	9AM-1PM
\$89	CCE Rm: 207	S. Potts

**CBCS Medical Billing and Coding**

If you’re seeking entry into the healthcare industry, this comprehensive program will provide all of the information needed to earn a certification in medical billing and coding. Upon completion, you will be prepared to sit for the Certified Billing and Coding Specialist (CBCS) exam, offered by National Healthcareer Association (NHA). The registration fee for this exam is included.

*Staggered Start Dates, Register Anytime.*

	R291	3/17-6/15
	\$2,195	CTP-Ed2Go

**Nursing Assistant Certified**

Study and practice in preparation for the Washington state certification examination as a nursing assistant. The six-week program includes sixty hours of classroom instruction and sixty hours of supervised clinical experience for nursing assistants in long-term care settings. Course includes CPR class, books, and supplies.


**Eastside**

R257	Dates listed on ecd.clark.edu/nac.php
\$1,080	CTC Rm: 316 R. Curran

*“I really valued the high standard of teaching in the NAC program!”*

**Medical Math**


In these fun and practical lessons, gain the medical math skills you need for anything from calculating dosages to using scientific formulas. Explore three different methods you can use for dosage calculations: proportions, dimensional analysis, and the formula method. Learn an easy formula that you can apply to many dosage calculations. *Staggered Start Dates, Register Anytime.*

	R294	3/17-6/15
	\$115	Ed2Go

**Spanish for Health Care**


This online Spanish for healthcare course is designed to help anyone in healthcare communicate and understand Spanish-speaking patients, family members, and concerned friends. Effective communication is essential to providing high quality care. Learn how to quickly address job-specific issues like collecting medical history, comprehending symptoms, providing directions on medicine intake, gathering insurance information, making appointments, and much more.

*Staggered Start Dates, Register Anytime.*

	R292	3/17-6/15
	\$99	MySpanish Teacher

**Medical Office Manager (CPPM) Program**

This in-depth program combines several programs, Microsoft Word 2016, Microsoft Excel 2016, Medical Terminology, Certified Medical Administrative Assistant (CMAA), Certified Electronic Health Records Specialist (CEHRS), and Certified Physician Practice Manager (CPPM), to give you the foundation and training needed to be a Medical Office Manager. This program covers the competencies required including, effective patient flow, revenue cycle management, compliance regulations, human resources, health information, and general business processes. *Staggered Start Dates, Register Anytime.*

	R328	3/17-6/15
	\$3995	CTP-Ed2Go




**K-12 EDUCATORS**

**CERTIFICATE PROGRAMS**

**Lean Six Sigma Yellow Belt**


Yellow Belt Training is a great way for you, your team, or your entire organization to learn the fundamentals of Lean Six Sigma. This Lean Six Sigma training is a high-level overview that quickly and effectively builds awareness and covers the Lean Six Sigma concepts and tools. In the Lean Six Sigma Yellow Belt program, learn about the origins of Lean Six Sigma and why organizations benefit from it, the Lean Six Sigma roles, each of the eight wastes, the improvement method known as DMAIC, and the main tools and techniques used in each of the five phases of DMAIC.

*Staggered Start Dates, Register Anytime.*

 R320 3/17-6/15  
\$295 CTP-Ed2Go


**Certificate in Project Management**

Project management provides visibility of project health to the business and the customer. Gain the skills, tools, and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education, and experience requirements are provided. A well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge Guide will be acquired. Finally, learn the ten Project Management Knowledge Areas and their support roles and relationships to the five Project Management Processes.

 R315 4/2-6/29  
\$495 LERN


**Certificate in Customer Service**

Register for the Certificate in Customer Service course to take both Customer Service courses: Keys to Customer Service and Extraordinary Customer Service. Receive a certificate after completion.

 R318 5/7-6/29  
\$245 LERN


**Certificate in Leadership Development**

Discover your style of leadership. Discuss task completion, building relationships with your subordinates, becoming socially perceptive to changes in the workplace, utilizing your emotions in a positive and effective manner, and addressing challenging goals. Learn the unspoken secrets that leaders know and the strategies they employ/exhibit for influencing others. Leadership skills are acquired and learned. You can become a leader if you know the do's and don'ts of what to say, what not to say, what to do, what not to do.

 R314 4/2-6/29  
\$395 LERN

**Certificate in Data Analysis**

Register for Certificate in Data Analysis to take all three data analysis courses: Introduction to Data Analysis, Intermediate Data Analysis, and Advanced Data Analysis. Begin with a basic understanding of how to analyze data. Then learn how many business decisions involve comparing groups for differences. Understand the statistics behind these group differences and relationships. Finally, learn to perform inquiries useful to your organization, and have the skill to communicate these results through understandable graphs and text.

 R319 4/2-6/29  
\$495 LERN

**Human Resources Professional**

Master the skills needed to advance within your human resources career. This program will prepare you to take the Professional in Human Resources (PHR) certification exam, with HRCI (Human Resource Certification Institute) as the certifying body.


*Staggered Start Dates, Register Anytime.*

 R321 3/17-6/15  
\$1,795 CTP-Ed2Go

**NCSF Sports Nutrition Specialist**


The NCSF Sport Nutrition Specialist (SNS) program will prepare you to sit for the NCSF-SNS Exam and to earn the Sport Nutrition Specialist certificate. This educational program will cover all relevant content areas including nutrients and intakes, physiological aspects of nutrition, macronutrients, micronutrients and supplementation, and nutrition and physiological adaptations to exercise.

*Staggered Start Dates, Register Anytime.*

 R322 3/17-6/15  
\$595 CTP-Ed2Go

**Spanish for Teachers**


This online Spanish for Teachers course features vocabulary and phrases to use during parent-teacher conferences, enrollment, classroom situations, taking attendance, discipline issues, and more. It's not necessary for you to be fluent to communicate with monolingual, ESL students and their parents. Knowledge of Spanish removes cultural barriers and builds trusting relationships.

 R323 3/17-6/15  
\$99 MySpanish Teacher

**The Creative Classroom**

Learn how to use creativity to teach reading, writing, visual arts, performing arts, social studies, science, mathematics, and physical and health education. Develop creative new approaches to field trips, learning labs, activities, exercises, assignments, and evaluation methods. Think beyond the textbook and challenge your students by making your classroom a creative classroom!


*Staggered Start Dates, Register Anytime.*

 R324 3/17-6/15  
\$115 Ed2Go

**Integrating Technology in the Classroom**

Discover simple ways to integrate technology to enhance your subject material, meet your Common Core standards and achieve other course goals. Explore quick and easy, standards-based solutions for more interactive lesson plans, exciting WebQuests, and challenging assignments. We'll also unleash the power of web resources, Word, Excel, and PowerPoint. By the end, you'll have a treasure trove of ideas for integrating all types of technology into your lesson plans across the curriculum!

*Staggered Start Dates, Register Anytime.*

 R325 3/17-6/15  
\$115 Ed2Go

“My class was held in such a beautiful and well-kept facility!”



## PERSONAL ENRICHMENT

### MUSIC

#### NEW Jammers Lounge

Jam under the inspired guidance of nationally acclaimed Robbie Laws, in the Lounge with professionally recorded backing tracks. Learn cutting edge, skill-building techniques: etiquette, rhythm, dynamics, chord vocabulary, scale knowledge and application, strum patterns, and picking techniques. Get actual stage experience at a local venue. Prerequisite: one year of playing experience. Bring your own instrument and amplifier. Ages 18 and over.

##### Eastside

R013 4/17-6/5 Tu 6:30-8:30PM  
\$179 CTC Rm: 148 R. Laws

#### NEW Acoustic Blues Guitar Basics

Four decades of performing lap-slide and teaching have armed Mary with a wealth of information on how to play (and teach) all styles of blues guitar. Focus on eight and twelve bar blues progressions in different keys, and the corresponding turnarounds and patterns that apply. No flat picks. Students should know all first position chords (majors, minors, and seventh) and have a little fingerpicking experience. Ability to read tab is very helpful, audiotaping is encouraged.

##### Main Campus

R009 4/22 Su 1-4PM  
\$59 BMH Rm: 112 M. Flower

#### Beginning Guitar I

Under the guidance of a Grammy Award-winning musician, learn the basics of how to play the guitar: tuning, basic chords, picking, strumming, note reading, and chord progressions. Bring your instrument to class. Each student receives personal attention in tuning. Ages 15 and over. Purchase textbook at the Clark College Bookstore prior to class.

##### Downtown

R003 4/11-5/9 W 6:30-8PM  
\$99 BMH Rm: 110 D. Smith

#### Beginning Guitar I/ II

Under the guidance of a Grammy Award-winning musician, learn the basics of how to play the guitar. Focus on tuning, basic chords, picking, strumming, note reading, and chord progressions. As you progress, you will add more notes and chords as well as more complex rhythms and strumming patterns. Ultimately, you will play songs as a group. Bring your guitar to class. Purchase textbook at the Clark College Bookstore prior to class. Ages 15 and over.

##### Downtown

R004 4/11-6/13 W 6:30-8PM  
\$139 CCE Rm: 214 D. Smith

#### The Piano Course That Works

Meet the pianist you always wanted to be. Whether you took lessons a long time ago or you've never played a tune, this class is for beginners who want to see immediate results. Discover practice techniques that demolish the stigma that you're either musical or you're not. All genres will be explored, from Beethoven to Broadway, Ragtime to Rock. Learn lasting foundational music skills and gain the confidence to meet new pieces.

##### Main Campus

R006 4/14-5/19 Sa 11AM-1PM  
\$89 BMH Rm: 101 A. Bernstein

#### Beginning Ukulele

Enjoy this easy-to-learn instrument! Receive instruction to play and learn songs. Discover how to tune your instrument while reading melodies and rhythms. Practice drills to new and old songs. Bring your ukulele and enthusiasm to class. Handouts provided. Ages 14 and over.

##### Main Campus

R001 4/14-5/19 Sa 9-10:30AM  
\$99 BMH Rm: 112 L. Jones

#### Ukulele II

Designed for more experienced players. Explore a more advanced range of techniques, including chord theory, voice, harmony, and suspension chords. Play more complex grooves, songs, and licks with interactive demonstrations. Master instructor Lew Jones will help you to develop your own style. Bring instrument to class. Ages 14 and over.

##### Main Campus

R002 4/14-5/19 Sa 11AM-12:30PM  
\$99 BMH Rm: 112 L. Jones

#### Rhythm in Music

Rhythm is making the most out of time, and through it we are grounded in physicality and gesture. Discover rhythmic modes, mensural notation, and our modern system of simple and compound meter. With over a hundred listening examples from classical, folk, ragtime, jazz, pop, film scores, and Broadway, you will learn to identify rhythms and meter with no prior musical training.

##### Main Campus

R005 4/14-5/19 Sa 9-10:50AM  
\$89 BMH Rm: 101 A. Bernstein

#### A Ride Through Musical History

Come trace the arc of musical development through history, from early human survival tactics to Twenty-First Century pop! Learn to recognize structure in music from Beethoven to Broadway and see the influence of African, Indian, and Latin music on jazz and rock. No matter the genre, this course has a little something for everyone. No prior musical knowledge required.

##### Main Campus

R007 5/12-6/16 Sa 1-3PM  
\$99 SHL Rm: 102 A. Bernstein

#### Vocal Performance II

Take your jazz singing to the next level with advanced concepts on technique, phrasing, storytelling, and vocal improvisation. For students who have taken Vocal Performance Workshop I or with instructor approval. A professional pianist accompanies each class. Performance at end of term wraps up this workshop.

No class on 05/26

##### Main Campus

R008 4/21-6/23 Sa 2:30-4:20PM  
\$299 BMH Rm: 101 M. Zilka

*“I have been looking for a vocal class like this for years! Mitzi Zilka was the perfect person to teach it!”*

### WRITING

#### The Craft of Writing for Kids I

From picture books to young adult, learn what it takes to craft great children's literature. Create compelling characters, plots, and settings. Write believable dialog and find your voice. Read and receive feedback and guidance for your manuscript. Taught by a multi-published, award-winning author of both children's and adult literature. Get on the path to making your dream a reality.

##### Eastside

R075 4/9-4/30 M 6-9PM  
\$199 CTC Rm: 337 J. Magnin

#### The Craft of Writing for Kids II

Take your passion for “kidlit” further. Whether you've already assembled the pieces or are just getting started, let's go deeper with characters, plot, voice, and dialog. Explore current trends and the best markets for your writing. Learn manuscript format, submission and query letter how-tos. Taught by a multi-published, award-winning author of children's and adult literature. No class on 05/28

##### Eastside

R076 5/14-6/11 M 6-9PM  
\$199 CTC Rm: 337 J. Magnin

### Writer's Lab

Work on your own book, memoir, novel, short story, blog or poetry in the company of other writers, facilitated by a published author. Here you will find motivation and strategies to keep writing and finish your project. You'll gain support, ideas, clarity, creativity, and focus. Expect to write!

#### Main Campus

R077 4/10-6/12 Tu 7:30-9PM  
\$129 JSH Rm: 245 C. Krug

### Wildfire Writing II

Make your writing life a priority as you receive one-on-one guidance from a professional writer. Bring creative writing projects begun in Wildfire Writing, or writing you've started on your own. Receive encouraging, helpful feedback to help move you to the next level and deepen your writing practice. Wildfire Writing suggested but not required.

#### Eastside

R079 4/12-6/14 Th 7-9PM  
\$189 CTC Rm: 340 C. Krug

### Poetry Matters: Writing Poetry

Beginners and experienced writers alike will generate new works and discuss the poet's role in the community. Read, listen to, and write poetry together in a supportive class focused on providing gentle, constructive feedback. Discuss how to construct a manuscript and ready it for publication. Writers of all experience levels are welcome.

No class on 04/28

#### Downtown

R074 4/21-5/5 Sa 10AM-1PM  
\$59 CCE Rm: 208 C. Luna

## ARTS & CRAFTS

### Calligraphy

Calligraphy is the art of written word. Explore the letters of the alphabet from A to Z! Learn to create letters using traditional tools, review basic layout and design, and have some fun in the process. Course is designed for beginners, but welcomes those who wish to study further. Spring's focus will be the lettering of Uncial script. Supply list posted on class webpage.

#### Downtown

R078 4/14-5/12 Sa 10AM-12PM  
\$79 CCE Rm: 215 A. Cox

### Recycled Art for Fun and Gifts

Save money and the environment by repurposing! Turn cast-off materials into unique and usable items for your home or garden, or to give as gifts. Learn the techniques from a professional designer and Master Composter/Recycler. Take home new projects each week including yard and garden items, novelty jewelry, teachable kid crafts, and more. No prior art or craft experience is required.

No class on 05/26

#### Eastside

R090 5/12-6/2 Sa 1:30-3:20PM  
\$99 CTC Rm: 331 K. Hibbs



Art from Kris Kragelund's art journals.

### Drawing for Beginners

Anything you see, you can draw! Learn about the basic materials and technical properties of drawing. Projects include drawing from the still life, interior space, landscape, and natural forms. Develop observational skills, perceptual awareness, and expressive capabilities through the exploration of proportion, linear perspective, and composition techniques. Ages 15 and over. Supply list posted on class webpage.

#### Downtown

R057 4/17-6/12 Tu 6:30-8:30PM  
\$149 CCE Rm: 215 L. Jarzombek

### Simply Pen, Ink, Color and You

Whether a beginner or experienced artist, join the "Inkers" and be included in a special group of people in a delightful community. Discover the tricks of inking using light and dark values to make your drawings pop. Learn about coloring to give strength to your illustration. Supply list posted on class webpage.

No class on 05/25

#### Downtown

R049 4/13-6/8 F 1-3:50PM  
\$159 CCE Rm: 215 A. Willmington

### Portraits in Pen & Ink

Learn how to set up a portrait from beginning to end. Discover how to achieve the variations of line and tone by lifting and lowering the pen. Strength in shadows and lights will be introduced to show facial features and how to show depth and range in a simplified form. Later, color technique will be added to strengthen the portrait illustration. Some drawing experience is needed. Supply list posted on class webpage.

#### Eastside

R056 4/14-5/12 Sa 10AM-1PM  
\$119 CTC Rm: 208 A. Willmington

### Suminagashi Monoprints

Suminagashi is a Japanese ink transfer (marbleizing) technique. In this process, colorful Sumi inks float on the surface of water and are transferred to a sheet of paper or fabric. The prints created in class will be used to make gifts, t-shirts, cards, and simple books. Supplies are included. There will be an hour break for lunch.

#### Downtown

R054 5/19 Sa 10AM-2PM  
\$99 CCE Rm: 215 L. Jarzombek

### Ebru Monoprints: Turkish Marbling

Ebru is the ancient Turkish art of marbling. In this process, colorful inks float on the surface of a viscous solution. Designs in the ink are created with special rakes and combs and are transferred to paper or fabric. The process is active, fun, and results in surprisingly vibrant mono prints. The prints created in class can be used to make gifts, cards and simple books, scarves, textile design, etc. Includes a one-hour break for lunch. Supplies are included. Focus on paper.

#### Eastside

R052 6/2 Sa 9AM-1PM  
\$129 CTC Rm: 331 L. Jarzombek

#### Eastside

R053 6/9 Sa 9AM-1PM  
\$129 CTC Rm: 331 L. Jarzombek

### Beginning Knitting

From casting on to binding off, transform yarn into special knitted gifts for yourself, family, and friends under the guidance of an experienced instructor. Learn the basic stitches as you create a scarf using the continental style of knitting (most common). Learn how to read patterns and charts, as well as how to shape knitting with increases and decreases, and correct mistakes without starting over. Supply list posted on class webpage.

#### Downtown

R092 5/1-5/22 Tu 6-8PM  
\$69 CCE Rm: 208 C. Syhre-Bracchi

### Mosaic Art Workshop

Discover the basics to create a beautiful piece of mosaic art. Learn techniques through demonstrations. Includes an all-day workshop where you will create your own unique work of art. Work with tile, glass, and plate fragments on various surfaces. Purchase supplies after first class—instructor will offer direction.

Class has varied schedule: on 4/14 & 4/28 meet 11am-1:30pm. On 4/21 meet all day 11am-5pm, bring sack lunch.

#### Main Campus

R045 4/14-4/28 Sa 11AM-1:30PM  
\$99 FAC Rm: 103 P. Tait

## PAINTING

**Beginning Watercolor**

Explore core watercolor techniques. Learn watercolor essentials like mixing colors, brushwork, creating beautiful color mixes, and many techniques like wet-on-wet and color washes. Create and complete your own watercolor "sketch" journal that will become a treasured reference. Focus will be on abstract landscapes moving onto floral basics and backgrounds. Build skills to develop the watercolor artist within you. Supply list posted on class webpage.

**Downtown**

R055 4/11-5/30 W 6:30-8:30PM  
\$129 CCE Rm: 215 L. Woods

**Adventures in Watercolor**

Explore your creative side while learning the joys of working with watercolor. Designed for those with no prior experience and for those who want to brush up on the basics. Learn techniques to create unique and imaginative paintings. Release your creative spirit in a friendly, relaxed atmosphere that promises a fun experience. "The flow of water and paint can be uncontrollable and crazy, but it is also freedom, an escape, therapy, joy."—Angela Lynch. Supply list posted on class webpage.

**Eastside**

R048 4/11-6/6 W 6:30-8:30PM  
\$129 CTC Rm: 331 S. Schwane

**Watercolor Independent: AM**

Receive personalized guidance, coaching your artistic endeavors to new heights of skill and creativity. Participate in a brainstorming session for your own special project. Enjoy weekly instructor demonstrations on various watercolor techniques. Bring your painting supplies and pre-drawn subject matter to the first class.

No class on 05/25

**Downtown**

R050 4/13-6/8 F 9:30AM-12PM  
\$129 CCE Rm: 215 L. (Bryan) Baughman

**Watercolor Independent: PM**

Treat yourself to one-on-one guidance from a professional artist and elevate your creativity! Create your own special project. Bring your painting supplies and new and old subject matter to the first class.

No class on 05/28

**Main Campus**

R051 4/16-6/11 M 6:45-8:45PM  
\$99 APH Rm: 112 L. (Bryan) Baughman

## STUDENT SPOTLIGHT | Kris Kragelund: Flourishing in Art

Kris Kragelund majored in art in college, but a stronger calling to teach led her to become an educator. She put away her art supplies and focused on being the best teacher she could be. "There was really no time for art. I'd work all day, grade papers at night, and fall into bed." After a lifetime spent in the classroom, when Kris retired, she entered the classroom again as student, in art classes with Susan Cowan. She loves being part of a community of like-minded artists. Then, as she flourished in her art, Kris decided to give back to her other community—youth, and began as a volunteer, teaching Art in classrooms throughout Vancouver.

**NEW Painted Angels**

Spread your wings and think of angels! Learn mixed media using acrylic paints and found papers to create several lovely angel pieces that you will love for years to come. The technique is fun, easy, and highly creative. Branch out and really get in touch with your canvas and medium. Continue learning essentials like mixing colors, brushwork, creating beautiful color mixes and composition.

**Downtown**

R058 4/14-4/28 Sa 12:30-4PM  
\$129 CCE Rm: 215 L. Woods

**Acrylic Painting**

Create at your own level, exploring acrylics with a focus on color, composition, and pattern. Demonstrations will show color mixing, shading, and texture. Experimentation, creativity, and activation of your intuitive art talent will be encouraged. Work on projects of your choice or suggested demo projects. Instructor offers individualized suggestions to develop your own painting style. Supply list posted on class webpage.

**Eastside**

R046 4/10-5/22 Tu 6-8PM  
\$119 CTC Rm: 331 C. Ekhoﬀ

**NEW Abstract Acrylic Painting**

Take your acrylic painting to the next level! Walk into the world of abstract acrylic painting. Learn to expand your creativity and express yourself in a more intuitive style and free your artistic self. Focus will be on the elements of design and color, line, and shape. Includes demonstrations, tips, and activities. Designed to meet the needs of those who already possess some acrylic experience. Supply list posted on class webpage.

**Eastside**

R047 4/12-5/24 Th 6-8PM  
\$119 CTC Rm: 331 C. Ekhoﬀ

## PHOTOGRAPHY

**Wildflower Photography**

Learn how to photograph wildflowers in the field with techniques and appropriate approaches to portray the beauty of our native flora. There are three sessions: a Friday lecture, a Saturday full field day in the Gorge, and a review of Saturday's photographs on Sunday. Up to two miles of easy hiking will be involved. Bring a brown bag lunch. See supply list on webpage for equipment to bring. *Class meets on main campus 7-9pm Friday eve, 8 to 4pm Field studies on Sat, and 2-4pm on main campus Sunday.*

R115 4/13-4/15 Su, F, Sa 7-9PM  
\$139 JSH Rm: 127 D. Jacobson

**Learn Manual/Understand Auto**

Demystify your camera's functions and learn to use Manual versus Automatic. Learn about f/Stops, shutter speed, depth of field, exposure, histograms, and composition while getting acquainted with your camera and lens optics. Learn to control your camera through homework assignments, walkabouts, and critiques. You're the one creating the photo don't let the camera decide for you! Bring camera, owner's manual, and dress for weather.

*Class meets on:*

4/21, 4/28, 5/12, 5/19, 6/02, 6/16

**Main Campus**

R117 4/21-6/16 Sa 9AM-1PM  
\$240 FAC Rm: 104 S. OKeefe

**After the Basics—Next Steps**

Take the next step to develop your photography skills and make the process more intuitive. Find new ways of seeing, working with light and exposure, pre-visualizing the image, and getting more creative by thinking outside the box. Through walkabouts, homework assignments, and studying the work of other photographers you'll take your photography to the next level. Prerequisite: Learn Manual class or instructor approval.

*Class dates:*

4/19, 4/26, 5/10, 5/17, 6/7 and 6/14

**Main Campus**

R119 4/19-6/14 Th 6:30-9:30PM  
\$189 FAC Rm: 104 S. OKeefe

“Every child is an artist. The problem is how to stay an artist once we grow up”

—Pablo Picasso



flour-ish

Kris was featured on this cover of NEA Retired Educator for Winter 2017 called "Back to School With a Twist. Kris has an art journal at hand always. Throughout these pages, view art from her inspiring journals.

### Portrait Photography

Throughout this schedule are photos taken of pages from in Kris' 20 journals. Discover portrait photo techniques used by the "pros." Get a basic understanding of light with an emphasis on natural lighting techniques. Acquire a "right brain" intuitive approach to photography, as well as appreciation of print quality and craftsmanship. Bring your single lens reflex (SLR) camera and manual to class. This is not a "basic" class, so students should be familiar with the operation of their own camera. See supply list on course webpage.

**Eastside**  
R116 4/11-5/16 W 6:30-8:30PM  
\$99 CTC Rm: 337 P. Quackenbush

### NEW Photography for Artists

Calling all artists: would you like to know how to use your camera to create "original copy" for your artwork? This hands-on class will include camera and lens use, subject selection and composition, working with light and exposure, outsourcing printing as well as other creative options. No previous photography experience required. Bring camera and owner's manual to all classes. Class meets 4/23, 5/7, 5/14, 6/4

**Downtown**  
R118 4/23-6/4 M 9AM-12PM  
\$119 CCE Rm: 215 S. OKeefe

## INSTRUCTORS WANTED!

Continuing Education is always looking for quality instructors!

Contact Tracy Reilly Kelly  
tkelly@clark.edu  
(360) 992-2163

## LIFELONG LEARNING

### Travel for Less...Even Free!

Save money on airfare, hotel accommodations, car rentals, cruises, and vacation packages. Achieve elite status and grab those great extra perks. Having traveled to over a hundred countries, your instructor will teach you the tricks of the trade to make your travel experience easier, more comfortable, and more affordable.

**Downtown**  
R145 4/24-5/1 Tu 6:30-8:30PM  
\$59 CCE Rm: 214 K. Lardie

### Advanced Travel for Less... Even Free!

Learn even more about the tips and tricks to become an expert world traveler. In the beginning course, students learned how to earn airline miles and hotel points. Now learn the best way to use those points and miles. Learn how to book award travel and complicated fee-based travel. Discover how to book two airline trips for the price of one. Understand what it means to do a mileage run and mattress run.

**Downtown**  
R146 5/8 Tu 6:30-8:30PM  
\$39 CCE Rm: 214 K. Lardie

### NEW Great Britain for Travelers: Essential Tips & Tools

Dreaming of traveling to England, Scotland, or Wales? Gain insights from travelers who lived in Scotland and traveled extensively around Britain. Learn cultural norms, tourist faux pas, foods, tipping, getting around, safety, accommodation, packing tips, and more. Includes insider secrets on sights to see and avoid, plus ways to maximize your travel budget. Ideal for travelers going on their own or with a tour.

**Downtown**  
R149 4/26 Th 6:30-9PM  
\$39 CCE Rm: 214 S. Bare

### Secrets to Using Technology Abroad

Want to stay connected while traveling abroad? Learn options for using smart phones and tablets overseas, the best data plans, SIM cards, data security strategies, travel apps, backing up, and more. Bring your devices for in-class activities. Even seasoned travelers will find this class useful. Taught by a technology expert and world traveler who has successfully stayed connected while traveling around the world.

**Eastside**  
R150 6/5 Tu 6:30-9PM  
\$39 CTC Rm: 337 S. Bare

### NEW Search for Your Roots

Curious about your ancestors? Held in a computer lab, develop investigative skills to research your family genealogy. Solve mysteries: learn where to look and whom to contact. Explore different software programs, using open source, and when to consider buying subscription software. Discover how to maximize your search, identifying types of sources (online vs. actual records).

**Eastside**  
R063 4/14 Sa 9:30AM-12:30PM  
\$39 CTC Rm: 339 P. Muhich

### NEW Genealogy: Break Down Walls

Passionate genealogists, break down the brick walls in your genealogy research! Never give up on the problem, and never give up searching for new ideas and ways of researching the problem. Get expert help to discover ways to find that elusive ancestor or solve your research conundrums.

**Eastside**  
R064 5/12 Sa 9:30AM-12:30PM  
\$39 CTC Rm: 339 P. Muhich



Art from Kris Kragelund's art journals.

### NEW New Fathers Workshop

Get practical advice on navigating the waters of being a new father both before and after baby arrives. What can be expected and even unexpected? How does becoming a father change one's life? Discuss emerging financial obligations and what goods you need to purchase—or not purchase. Explore balancing being a parent and a husband/partner, discovering supportive resources. New fathers, same sex partners, and adoptive parents are all welcome.

**Downtown**  
R120 4/28 Sa 1-4PM  
\$49 CCE Rm: 214 E. Holmes

### Assisting Aging Parents or Partners

Do you have an aging parent or partner with declining health? Each person has a unique situation and navigating the journey to the end of life is challenging. Explore the complex issues you may encounter when assisting the elderly, discovering strategies and resources to manage successfully. Topics include: legal documents, medical, insurance, housing and financial options, hospice, emotional and family dynamics.

**Eastside**  
R144 5/8-5/29 Tu 6:30-8:30PM  
\$79 CTC Rm: 209 J. Jasinsky

**LANGUAGES**

**Spanish I**

A beginner's course on learning how to converse in Spanish. Focus on real life situations using common words and phrases and learn about the vibrant culture. Great for travelers! See website for info on how to obtain textbook.

**Eastside**

R024 4/9-5/2 M, W 6:30-8PM  
\$89 CTC Rm: 338 J. McKee

**Main Campus**

R026 4/10-5/3 Tu, Th 6:30-8PM  
\$89 JSH Rm: 116 J. McKee

**Spanish II**

Continue to improve your Spanish language skills! Practice dialogues complemented by grammar and pronunciation. Course is tailored to individual needs including those traveling, watching TV, planning to live or work in a Spanish speaking country, and speaking Spanish on a daily basis at work. Prerequisite: Spanish I or previous language instruction. See website for info on how to obtain textbook.

**Eastside**

R027 5/8-5/31 Tu, Th 6:30-8PM  
\$89 CTC Rm: 337 J. McKee

**Spanish III**

Move beyond a beginner's level to improve your reading, writing, and comprehension skills learned in Spanish I and II. There will be an emphasis on speaking and accurately pronouncing the target language daily. Lots of time to practice conversation as well.

**Downtown**

R030 4/14-5/12 Sa 10AM-12PM  
\$159 CCE Rm: 214 J. McKee

**NEW French III**

Parlez-vous français? Pick up where you left off with French III! Learn more French pronunciation, vocabulary, phrases, and conversational dialogues. Prerequisite: French I and II or a basic knowledge of French. Bring a French/English dictionary. Purchase textbook at the Clark College Bookstore prior to first class. Ages 16 and over.

**Downtown**

R025 4/18-6/6 W 6:30-8:30PM  
\$109 CCE Rm: 208 J. Higgins

**Basic Chinese Language**

Learn the basics of Chinese language through its culture and vast history. Chinese culture is unique in its uninterrupted length, its multiple diverse ethnic cultures, and different languages. Although we will focus on the basics of modern Chinese language (Mandarin), we will also learn the basics of the language's history and its many variations as practiced by the people of China.

**Eastside**

R029 4/17-5/8 Tu 6-8:30PM  
\$79 CTC Rm: 203 V. Shinneman

**Conversational Japanese**

An excellent first step in learning to speak Japanese, taught by a Japanese native speaker. Learn to say basic greetings and engage in simple conversational phrases. The class atmosphere is open and supportive for absolute beginners. You will also gain greater knowledge and understanding of the various cultural aspects of Japan, which prepare you for a trip to this beautiful country. The textbook is supplemental—see website for info on how to obtain textbook.

**Main Campus**

R028 4/19-5/17 Th 6:30-8:30PM  
\$109 SBG Rm: 221 E. Otsuka



**MIND BODY & STYLE**

**Tarot: Lessons of Life 101**

Wondering what you're really meant to do in life and what your purpose is? Tarot can clearly reveal your hidden talents and purpose and what you're meant to accomplish. Learn how to read the "pictures" that unlock what your subconscious wants you to know. Discover the link between Numerology, Astrology, and the Kabbalah to Tarot. See supply list for tarot deck to be used.

No class on 05/26

**Eastside**

R065 5/5-6/16 Sa 10AM-12PM  
\$119 CTC Rm: 209 C. French

**Connecting With Your Angels**

Do you feel alone when making decisions and life choices? The angelic realms contain your helping allies who are waiting to provide guidance, assistance, and compassion. Learn how to fine-tune your awareness and build deeper connections with yourself or others. Discover ways you can "tap" into the wisdom of the angels. Discover how to channel messages from these loving, healing, angelic beings to help yourself and others. No experience necessary.

**Downtown**

R062 4/16-5/14 M 6-8PM  
\$99 CCE Rm: 208 M. Browning

**Introduction to Mindfulness**

In a world with ever-increasing demands on our time and attention, greater awareness of where our attention is from moment to moment can be the key to a life of resilience, authenticity, and passion. Mindfulness helps us focus on what's important, to stay grounded, and to find balance in our lives. Join us for a supportive, carefully structured mindfulness course that has been adopted and tested in colleges worldwide!

**Main Campus**

R066 4/24-5/15 Tu 6:30-7:45PM  
\$99 JSH Rm: 248 J. Mitchell

**Mindfulness Retreat**

A short retreat to give a period of focused, distraction-free time and space to practice mindfulness. It's ideal for those new to mindfulness who would like a brief immersion, and those familiar with the concept who wish to energize and deepen their practice. Together we will review the elements of mindfulness and explore a variety of sitting, walking, and light stretching meditations.

**Main Campus**

R068 6/2 Sa 10AM-2PM  
\$59 SBG Rm: 151 J. Mitchell

**Going Gray Gracefully**

Adjusting to life over fifty means adjusting to change. Should you keep coloring your hair? Can your mature figure still look stylish? Is it time to perk up your face with a little makeup? Learn how to look your harmonious best, rock your age, and communicate more intentionally by using color, seasonal style, and the psychology of perception. Joy Overstreet, Portland's personal color analyst and style coach, shares tips, tools, and many before and after photos.

**Main Campus**

R139 4/19-4/26 Th 6:30-8:30PM  
\$59 JSH Rm: 127 J. Overstreet

**NEW Altered Natural States: Sound**

Using sound to assist you in reaching naturally altered states of awareness is a practice in many cultures around the world since the beginning of time. Explore the different ways you can use natural sounds from toning, drums, singing bowls, stones, sticks, and more to enhance and reach your deeper consciousness in the meditative states of awareness where you can easily receive assistance and guidance of life issues or questions. No experience necessary.

No class 05/28

**Downtown**

R140 5/21-6/18 M 6-8PM  
\$79 CCE Rm: 208 M. Browning

*“Maureen Browning's longtime experience using spiritual practices provided a trustworthy place to experience authentic, non-traditional learning, with supportive people.”*



COOKING



Art from Kris Kragelund's art journals.

**NEW Souping— Latest Health Craze!**

Soup-based cleansing is the new “juice fast,” and for good reason! Soup is a highly digestible way to receive optimal nutrition while being easy on digestion. Learn the basics of building healthy, plant-based soups and garnishes with digestive supporting herbs. Recipes will include: Curried Red Lentil Soup with Coconut Milk, Beet-Based Borscht with Fresh Dill, and a Smoky Black Bean Soup With Cashew Sour Cream. DEMO, Level: Beginner.

**Eastside**  
 R155 4/14 Sa 11AM-2PM  
 \$69 CTC Rm: 153 D. Pasquinelli

**NEW All About Enchiladas**

No Mexican dish is more iconic than the enchilada! Learn to make four different, delicious versions. Start with Enchiladas Potosinas, which resemble fried empanadas infused with red chile sauce and cheese. Follow with Enchiladas Mineras: stuffed with cheese and onions, topped with carrots and potatoes. Next, try your hand at Suizas: chicken crema in tomatillo sauce. Finally, learn to make Rancheras Enfrijoladas: a rustic dish with beans. DEMO + HANDS ON, Level: Beginner.

**Eastside**  
 R156 4/19 Th 6-8:30PM  
 \$69 CTC Rm: 153 E. Garcia-Andre

**South American Cooking**

Travel to the continent that gave the world some of its most favorite staples! Each Latin region incorporated an incredible array of vegetables and methods which fused with European foods and livestock to create a vivacious, savory cuisine. Recipes include Argentinian Empanadas with Chimichurri, Aji de Gallina (Chicken in a Creamy and Mild Yellow Chile Sauce) from Peru and the Moqueca de Camarao (Shrimp in Coconut Milk) Bahia Style from Brazil. DEMO, Level: Beginner.

**Eastside**  
 R157 4/26 Th 6-8:30PM  
 \$69 CTC Rm: 153 E. Garcia-Andre

**Thai Dinner Party**

Do you love Thai food but lack the skills to host a dinner for friends or family? In this hands-on class, you will learn to make a multi-course Thai dinner that you can recreate at home. The menu includes: Chicken Satay with Peanut Sauce, Fried Pork and Sweet Corn Cakes, Coconut Chicken Soup, Pad See Ew (Beef with Noodles), and Bananas with Coconut Pancakes. HANDS ON, Level: Beginner.

**Eastside**  
 R158 4/28 Sa 11AM-2PM  
 \$79 CTC Rm: 153 B. Walberg

**NEW Gorgeous Greens**

Greens are nutrition powerhouses—and they are abundant in spring! Greens include everything from collard greens, to chard, to spinach, to kale—also garlic shoots, pea shoots, and other edibles. Discover just how tasty and easy preparing greens can be! Recipes include Healthy Morning Smoothie, Rubbed Kale Salad, Lemon Garlic Rainbow Chard, Provençal Greens Soup, as well as Garlic Scape Paste (and how to use it). HANDS ON, Level: Beginner.

**Eastside**  
 R161 5/19 Sa 11AM-2PM  
 \$69 CTC Rm: 153 S. Monroe

**Mexican Street Vendor**

Get ready for Cinco de Mayo! Visit “Callejera,” or street vendor food. Learn to prepare the food that the locals enjoy. Light and easy recipes always present at the market include Shrimp Ceviche, the popular Baja Fish Tacos, Central Mexico’s vegetarian Gorditas de Nopalitos (Cactus Leaf Salad), Street style Corn on cob... and finish it all with traditional Agua de Horchata of Melon. DEMO, Level: Beginner.

**Eastside**  
 R159 5/10 Th 6-8:30PM  
 \$69 CTC Rm: 153 E. Garcia-Andre

**Artisan Bread Baking**

Let a master baker from Clark’s brand new bakery at Culinary Arts guide you through the steps of making, shaping, and baking artisan creations. Make traditional French bread by hand in your own kitchen—no special equipment needed. Learn to make different types of bread with the same dough and create delicious loaves, rolls and even pizza, ready for the dinner table. HANDS ON, Level: Beginner.

**Main Campus**  
 R160 5/12 Sa 11AM-2:30PM  
 \$89 GHL Rm: 189 M. Templeman

**Authentic Spanish Paella**

Paella is a rice dish from Spain with as many versions as there are cooks. Paella may contain chicken, pork, shellfish, fish, squid, beans, peas, artichokes, or peppers. Saffron, the spice that also turns the rice a wonderful golden color, is an essential part of the dish. Make two paellas: Seafood and a version called Mixta with pork, rabbit, and chicken. Discover a simple Flan for dessert. DEMO, Level: Beginner.

**Eastside**  
 R162 5/17 Th 6-8:30PM  
 \$79 CTC Rm: 153 E. Garcia-Andre

**NEW Spring Superfoods**

We’ve all heard of “Superfoods,” but what are they and what makes them so super? Denise will identify a few of the season’s superstar ingredients and break down what is so special about them. Demonstrations will include a Spring Bounty Bowl with yogurt herbed dressing and quick pickled radishes, light and springy Samosas with a spicy mint chutney, and a fresh veggie Frittata recipe—perfect for springtime brunch. DEMO, Level: Beginner.

**Eastside**  
 R163 6/2 Sa 11AM-2PM  
 \$69 CTC Rm: 153 D. Pasquinelli

**Basic Cake Decorating**

Cakes are out of the oven and ready to frost! In this cake decorating course you will learn the foundational techniques to torte, fill, frost, and finally decorate a beautiful cake. Skills covered include buttercream basics, piping borders, roses, flowers, leaves, and more. The best part? You will leave class with the cake you decorated to show off your newly learned skills! HANDS ON, Level: Beginner.

**Eastside**  
 R164 6/9 Sa 11AM-2PM  
 \$69 CTC Rm: 153 M. Moore

All Cooking classes held at Eastside/CTC campus at 18700 SE Mill Plain Blvd  
 All Baking classes held at Main campus at Gaiser Hall McClasky Culinary Institute

**PERSONAL FINANCE**

**NEW Personal Finance Boot Camp**

Has it been on your to-do list to sit down and get your finances organized, but you never seem to get to it? Join us for this interactive crash course and get your personal financial tools in place so that managing your money is no longer so daunting. Come ready to learn about your Money Habitudes®, how to calculate and interpret your net worth, and rethink budgeting. Get your short, medium, and long-term goals on paper and establish ways to track your progress. Learn tips on how to avoid common pitfalls or risks in personal financial planning. This course will be action-oriented, so come ready to get things done!

**Downtown**  
 R038 4/28 Sa 10AM-1PM  
 \$49 CCE Rm: 208 T. Anderson

**When Should Boomers Take Social Security?**

Simplify the complexity of making good decisions for your Social Security benefits. Explore timing taxes, file-and-suspend options, and benefit calculations. The instructor will provide guidance through the maze of choices. Learn how decisions can affect how much you can ultimately receive in benefits.

**Downtown**  
 R035 4/12 Th 6:30-8:30PM  
 \$29 CCE Rm: 214 G. Middleton

**The Truth about Financial Advisors**

Looking for accurate, transparent, objective financial education? Examine how the financial industry works, including how to invest independently using online brokers. Learn about the different types of advisors and myriad legitimate and fake titles and designations, investment fees, hidden fees, transparent fees, risk tolerance, asset allocation, and how to invest confidently on your own.

**Downtown**  
 R037 4/19-5/10 Th 6:30-8:30PM  
 \$89 CCE Rm: 208 D. Chernofsky

**Retirement 101 for Boomers**

Are you ready to retire, and wonder if you have all the knowledge you need to maximize your lifestyle? Analyze your current situation with tools and data to help you determine the steps to take before making big decisions. Manage the impact of cash flow, investments, taxes, and estate planning on your nest egg. All materials provided.

**Eastside**  
 R036 4/11-5/2 W 6-8PM  
 \$89 CTC Rm: 208 O. Guardado

**Give to Charity & Save Money!**

Learn many charitable giving techniques that allow you to receive great tax savings. Learn how shrewd philanthropists have been making big gifts for years while accomplishing their personal and financial goals at the same time. Discover the best assets to give, assessing when IRA, cash, or appreciated assets should be gifted. Includes the basics of estate planning, wills, living trusts, 529 tuition plans, and powers of attorney.

**Downtown**  
 R039 4/18-4/25 W 6:30-8:30PM  
 \$39 CCE Rm: 207 H. (Hal) Abrams

**Stocks, Part I: Begin with Only \$2,000**

You can make money in stocks during good and bad markets with as little as \$2,000! Discover basic strategies for investing, market cycles, knowing when to sell, mutual funds, and real estate.

**Downtown**  
 R040 4/12-5/3 Th 6:30-8:30PM  
 \$99 CCE Rm: 207 C. Lewelling

**Stocks, Part II: Beyond the Basics**

This is the companion class to the beginning stocks class. Here, you will learn advanced technical analysis through hands-on instruction in our computer lab. Practice using the web as a financial tool. Prerequisite: Stocks Part I: Begin with Only \$2,000.

*No class on 05/17*  
**Main Campus**  
 R041 5/10-5/31 Th 6:30-8:30PM  
 \$99 SHL Rm: 124 C. Lewelling

**OUTDOOR ACTIVITIES**

**The Coaches' Coach**

Do you coach baseball or softball from the youth level to the high school level? Mark Magdaleno, head baseball coach at Clark College and coach with the Portland Pickles, will teach you how to teach proper defensive, offensive, and base-running fundamentals. Specialty work will include pitching and catching mechanics. Learn how to develop practice plans, game strategies, and how to communicate with individual players and still maintain the "team first" approach.

**Main Campus**  
 R133 4/16-5/14 M 5:30-8PM  
 \$59 OSC Rm: 219 M. Magdaleno

**Welcome to Golf**

People of all abilities love the challenge of golf. New players will learn the basic swing and stroke moves, while returning players will be able to fine-tune their skills. Harold Bluestein, PGA golf pro, tailors lessons to each student's own level and natural talents. Clubs, practice golf balls, and access to practice facilities included in the fee. Instructor uses assistants. Ages 18 and over.

*Class held at Tri Mountain Golf Course, 1701 NW 299th St, Ridgefield, WA 98642*  
 R135 4/17-5/15 Tu 6-7PM  
 \$125 TMG H. Bluestein, P.PG

**Mushroom ID & Foraging**

Spend a day learning the basics of mushroom identification. Begin in-class with a lecture, then travel offsite in carpools to William Clark Park in Washougal to forage on forested trails. Emphasis will be on education and identification of all mushrooms encountered. Come ready to learn how mushrooms can inspire our curiosity, our culinary creativity, and our inner forager. See supply list for what to bring and wear, including a brown bag lunch.

**Main Campus**  
 R136 4/29 Su 9AM-3PM  
 \$59 SBG Rm: 155 R. Box

**Birdwatching: Nature Close to Home**

Calling all beginner birding enthusiasts! Come take an easy 1.5 mile hike through oak and marsh habitats at the Ridgefield National Wildlife Refuge Kiwa Trail. Identify as many as forty different species and find your niche as a birder. Migration will be underway, birds will be setting up territory and beginning to nest. Hawks, harriers, eagles, and osprey are all common raptors here, along with a myriad of waterfowl and warblers, tanagers, and orioles. Check supply list for details.

R137 5/12 Sa 8AM-1PM  
 \$59 Ridgefield Wildlife Refuge  
 E. Bjorkman

**Clark College Policies & Disclaimers**

**CHANGES/CLOSURES:** Due to circumstances beyond our control, locations and times may be changed during the quarter. If we cannot contact you by phone or mail, we will post the correct information at the class location listed in this publication.

**DISABILITY SUPPORT SERVICES:** Clark and DSS are committed to assuring Clark College, its services, programs, and activities are accessible to individuals with disabilities. DSS assures nondiscrimination on the basis of disability. Through DSS, qualified persons with disabilities can address their concerns regarding attitudinal or procedural barriers, as well as any need for academic adjustments or auxiliary aids. Call 360-992-2314 or 360-991-0901 (video phone).

**DISCLAIMERS:** This class schedule is published for informational purpose only. Although every effort is made to ensure accuracy at the time of publication, this class schedule shall not be construed to be an irrevocable contract between the student and Clark College. The College reserves the right to make any changes in the content and provisions of this class schedule without notice and reserves the right to cancel classes and to change class fees, instructors, or meeting dates/times at any time. Many classes require a minimum enrollment of 15. Early enrollment is encouraged to prevent class cancellation. If a class in which you are enrolled is cancelled, contact Registration at (360) 992-2939 to assist in selecting a suitable alternative.

## FITNESS

### NEW Beginner's Boxfit

Gain proficiency in various martial arts techniques, including boxing and Muay Thai. Learn body movement, physical self and space awareness, balance, and flexibility. Discover proper execution of techniques used in a combat sport without sparring. Improve overall fitness, confidence, and self-awareness, and make an often-intimidating sport safe for any ability level. *No class on 05/26*

#### Main Campus

R020 4/14-6/9 Sa 1-3PM  
\$169 OSC Rm: 218 R. Wood

### Women & Girls' Self Defense

Learn about self-defense techniques that focus on empowering women to feel stronger, more self-assured, and able to protect themselves. Wear loose-fitting clothes and plan to remove shoes and socks. Prerequisite: ability to lift ten pounds, crouch, and rotate. Ages 14 and over. Students under 18 must have consent of parent or guardian.

#### Main Campus

R015 4/28 Sa 11AM-1PM  
\$29 OSC Rm: 218 J. Wynn

### Tai Chi—Yang Style 24 Form

Tai Chi is clinically proven to be one of the most effective exercises to improve health, fitness, and relaxation. The Yang 24 Form style is the most widely practiced. This form will be modified for fitness levels and is suitable especially for beginners. Wear loose, comfortable clothing and shoes. *No class on 05/26*

#### Eastside

R017 4/21-6/9 Sa 11:30AM-12:30PM  
\$89 CTC Rm: 110 J. Ross

### Tai Chi Sword Form

Throughout Chinese history, the sword has been the most revered weapon for combat. Now it is the most graceful and popular of all weaponry used in Tai Chi. Despite its martial arts origins, the Tai Chi sword is a gentle and effective form of exercise, practiced and enjoyed by thousands of people. Some previous Tai Chi experience required. *No class on 05/26*

#### Eastside

R016 4/21-6/9 Sa 10-11AM  
\$89 CTC Rm: 110 J. Ross

### Yoga

Use physical poses to explore the body as a means to feel inwardly, and to discover where you are strong, tight, weak, or dull. Relieve stress and prevent falls by incorporating balance, strength, and flexibility. Focus is on breathing and relaxation. Wear loose, comfortable clothing and bring a mat.

#### Main Campus

R018 4/10-6/12 Tu 5:45-7PM  
\$89 OSC Rm: 135 C. Krug

## DANCE

### Intro to Ballroom Dancing

Ballroom dancing is timeless, romantic, and also a valuable social skill. Please join us if you have never danced or want to practice what you already know! Learn basic steps including smooth, Latin, and night club slow dancing, plus the fundamental techniques of leading and following. Partners recommended, but not required or guaranteed.

#### Eastside

R012 4/10-6/12 Tu 7:30-9PM  
\$99 CTC Rm: 110 B. Blevins

### Country Line Dancing

Learn more dance steps, more combinations, and have more fun! Discover new steps as you increase proficiency and confidence under the guidance of an expert instructor. New steps will be introduced at each session. No partner needed. Knowledge of basic line dance steps required. For ages 15 and over.

#### Main Campus

R011 5/3-6/7 Th 7:15-8:15PM  
\$59 OSC Rm: 135 T. Nystrom

### Line Dancing

Dance your way into shape and make friends while you're at it. Learn the moves through one-on-one instruction from an expert dancer. Popular new and old dance patterns, such as Cupid Shuffle, Electric Slide and Boot Scootin' Boogie will make you ready for any dance floor. Build confidence with each new step through repetition, practice and instructor guidance. No partner needed. No experience necessary. Ages 15 and over.

#### Main Campus

R010 5/3-6/7 Th 6-7PM  
\$59 OSC Rm: 135 T. Nystrom



Art from Kris Kragelund's art journals.

## HEALTH

### NEW It's All About the Face

Your face is what people see the most—and what they remember about you. How do we take care of this special feature without using harsh chemicals? Learn how to make a gentle glycerin facial soap, an herbal toner, a luxurious face cream, and an exfoliating facial scrub with walnuts and clay. No experience necessary.

#### Eastside

R069 4/21 Sa 1:30-3:30PM  
\$49 CTC Rm: 153 R. Michaels



## RECREATION & WELLNESS

### NEW Herbal Gifts for Moms and Dads

Mother's Day and Father's Day are approaching. Have you wondered what in the world you could possibly make mom and dad that is uniquely them? Join us for a morning of making five special herbal gifts. Delight the senses using essential oils and luxurious butters. Make a shaving soap made with mango butter, a deodorant out of shea and cocoa butter, a hair moisturizer for all hair types, a cinnamon lip balm, and an herbal body mist/room spray.

#### Eastside

R091 4/21 Sa 10AM-12PM  
\$49 CTC Rm: 153 R. Michaels

### Cannabis and Your Health

Did you know that migraine, fibromyalgia, IBS, and related conditions display biochemical and physical patterns that suggest an underlying endocannabinoid deficiency that may be suitably treated with cannabinoid medicines? Learn the current science on the medical and health benefits of cannabis. Explore the different ways cannabis is dispensed. Review the laws for medical and recreational marijuana, understanding what is legal in Washington State.

#### Eastside

R067 5/17-6/14 Th 6-8PM  
\$89 CTC Rm: 338 D. Benedictus

### CPR/AED & First Aid Certification

Learn basic first aid for medical emergencies. Adult, Child, and Infant CPR and AED (Automated External Defibrillator) training methods are covered. Discuss illness, injury, and many environmental and emotional considerations. Proper technique for choking emergencies is included. Upon completion, students will receive a two-year Certification Card that follows the American Heart Association guidelines.

#### Downtown

R019 5/5 Sa 9AM-1PM  
\$80 CCE Rm: 207 M. Kruse

## HOME &amp; GARDEN

**NEW Flower Arranging:  
Spring Garden**

Spring is the rebirth of life through flowers! In this two-part series, held once a month, Stacey will guide you through techniques for growing, harvesting, and designing arrangements using your garden flowers. April is full of tulips and daffodils, while May blooms with lilacs and peonies. Both demo and hands-on arranging are part of the class. You will have garden creations to take home! *This class is offered for two sessions: April 14 and May 5.*

**Eastside**

R100	4/14-5/5 Sa	1-4PM
\$79	CTC Rm: 331	S. Lane

**NEW Planning Your  
Wedding Flowers**

Feeling confused about where to start planning your wedding flowers? Can you do them yourself? How do you communicate your vision to your florist? Is there a trick to staying on budget? Let Stacey Lane, a florist with wedding experience, walk you through the process. She will demonstrate what you will need to know to DIY your flowers and more.

**Eastside**

R108	4/18-4/25 W	7-9PM
\$69	CTC Rm: 153	S. Lane

**Vegetable Gardening**

Now is the time to plan out and plant your own gorgeous, nutrient-dense veggies! An enthusiastic master gardener will cover a myriad of topics including organic vs. conventional, raised beds, choosing plants vs. seeds, heirloom varieties, soil preparation, fertilizing, spacing, and planting for a continuous harvest.

**Main Campus**

R101	4/10-5/1 Tu	6-8PM
\$69	SBG Rm: 251	L. Heldreth



Art from Kris Kragelund's art journals.

**Garden Design Concepts**

Spring is the perfect time to re-evaluate your garden spaces! Do you want to update the look of your garden? Add a new space for entertaining? Come learn garden design concepts that will help you create a beautiful space that you will love. Designed for “newbies” and experienced gardeners alike.

**Eastside**

R102	4/12-5/10 Th	6-8PM
\$89	CTC Rm: 209	L. Heldreth

**Container Gardening**

Celebrate Earth Day! Learn how to grow beautiful works of art in your own containers. Fill your home, patio, or balcony with vegetable and ornamental container gardens. Express your creativity as you find and design your own DIY containers out of salvaged objects. Discover the possibilities of gardening anywhere using limited space. Designed for “newbies” and experienced gardeners alike.

**Main Campus**

R103	4/21 Sa	9-11AM
\$29	SBG Rm: 155	L. Heldreth

**Shade Garden Designs**

Are you wishing you knew what to do with that shady backyard? Shade poses very special needs for the gardener. Replace discouragement with joy as you discover the wide and wondrous world of plants that do well in shade. From ferns to Hostas, learn which types will do best where and how to plant and care for them.

**Main Campus**

R104	4/28 Sa	9-11AM
\$29	SBG Rm: 155	L. Heldreth

**Bird Friendly Gardens**

Turn your garden into a haven for birds. Learn how to create cover, places to nest, as well as provide nourishing seeds and irresistible fruits that birds love. Birds play a vital role in a healthy organic garden by providing natural insect control. Make your backyard educational and entertaining, as well as beautiful! Discover ideas for how to feed and offer water and how to create inviting cover. Explore what kinds of birds will be outside in which seasons.

**Eastside**

R105	5/5 Sa	9-11AM
\$29	CTC Rm: 206	L. Heldreth

**Pollinator Gardens**

Pollinators need your help—there is evidence that they are in decline! Encourage diversity and learn how to make your garden a pollinator party filled with bumblebees, hummingbirds, butterflies, and native bees. Our master gardener will explain the importance of pollinators, plant choices, and the many benefits of pollinators in your home garden. Learn about how native plants can serve as larval hosts. What plantings will attract birds, bees, bats and butterflies?

**Main Campus**

R106	5/19 Sa	9-11AM
\$29	SBG Rm: 251	L. Heldreth

**NEW Naturescaping**

Partner up with nature by incorporating indigenous trees and shrubs into your landscape. Learn the proper placement, choice of plants, and upkeep of native plants (including correct planting and pruning) on large and small properties and existing habitat, including wetlands. Discussion of wetland assessment and mitigation as well as garden design and plant selection tips. Last day will be field experience; instructor will send information by email.

**Eastside**

R107	4/28-5/5 Sa	9AM-12PM
\$89	CTC Rm: 206	J. Comrada

**Sell Your Home**

Your home is not selling? You don't know why? Peggy, a professional designer, spent more than fifteen years as an award-winning broker working with thousands of buyers. In the process she discovered that aesthetic problems and awkward looking homes, whose assets were overlooked by sellers, often blocked the buyers interest. Learn simple and inexpensive ways you can create a more desirable and expensive-looking home with a quicker sale and higher price.

**Main Campus**

R148	4/14-4/21 Sa	10-11:30AM
\$79	JSH Rm: 245	M. (Peggy) Poulos

**Clutter—Clearing & Downsizing**

Get the tips, tools, inspiration, and motivation you need to create a simpler, more consciously clutter-free home. Got heirloom overload? Paper piles? Photo fatigue? Overflowing closets? Free yourself from the tyranny of Stuff! Features techniques ranging from fifteen-minute daily sprints to the “Full Monty: the Marie Kondo Tossathon.” Instructor is a Feng Shui specialist.

**Eastside**

R138	4/21-4/28 Sa	9:30-11:30AM
\$59	CTC Rm: 206	J. Overstreet

**NEW Emergency Prep Home  
Binder: “Grab & Go”!**

You have thirty minutes to get out, what do you do? Determine what is crucial to take in the event of fire, flood, natural disaster, or medical emergency. Organize your vital information in a “Grab-&-Go” binder. Easily convert everything to electronic documents including photo albums, and back it all up to the Cloud. Discover local evacuation routes, useful free apps, and multiple tips. Create your own “Go” bags, backpacks, and bins.

**Eastside**

R147	4/26 Th	6-9PM
\$59	CTC Rm: 210	K. Boyd

*Instructor Kevin Boyd was in California during wildfire evacuation! Find out what he learned to make this course even more relevant!*

## ARTS & WRITING

### Mixed Media + Painting Abstractly

Explore and create at your own level; stimulate your creative, intuitive talent.

9415 4/11-6/13 W 9AM-3:50PM  
\$118 CTC Rm: 331 K. Sandy

### Watercolor Basics

Step-by-step instruction for beginners.

9464 4/12-6/14 Th 1-3:50PM  
\$118 CCE Rm: 215 L. (Bryan) Baughman

### Watercolor II

Develops a strong technique skill base.

9462 4/10-6/12 Tu 9-11:50AM  
\$118 CCE Rm: 215 S. Cowan

### Watercolor III

Challenges creativity and imagination.

9463 4/10-6/12 Tu 1-3:50PM  
\$118 CCE Rm: 215 S. Cowan

### Watercolor: Intermediate

Develops a strong technique skill base.

9465 4/12-6/14 Th 9-11:50AM  
\$118 CCE Rm: 215 L. (Bryan) Baughman

### Aqueous Media

An introduction to acrylics is followed by demonstrations and activities.

#### Main Campus

9461 4/16-6/11 M 1-3:50PM  
\$118 APH Rm: 112 S. Cowan

### Oil Painting Studio

Open studio for all skill levels.

9460 4/9-6/18 M 10AM-12:50PM  
\$118 CTC Rm: 331 J. Macca

### Drawing

Learn to draw anything you can see.

9416 4/9-6/18 M 1:30-3:20PM  
\$118 CTC Rm: 331 J. Macca

### Creative Writing

Write it! Memoir, essay, poetry, fiction.

9455 4/13-6/1 F 10AM-12PM  
\$99 CCE Rm: 208 D. Guyol

### Memoir Writing

Write your memoir to leave a record of your life's adventures, tragedies, and triumphs.

#### TUESDAY CLASS

9456 4/10-6/12 Tu 1-3:20PM  
\$215 CCE Rm: 208 C. Luna

#### THURSDAY CLASS

9457 4/12-6/14 Th 1-3:20PM  
\$215 CCE Rm: 208 C. Luna



Art from Kris Kragelund's art journals.

## TECHNOLOGY

### Intro to iPad & iPhone

Learn all about your iPhone or iPad; get familiar with settings and controls, use the basic functions and explore how to operate many of the included apps as well as how to download apps. Topics include email, texting, web browsing, iCloud, calendar, contacts, notes, maps, music, photography and photos, custom settings, and how to use popular apps. Bring your fully charged iOS 11 iPad and/or iPhone to class.

#### Eastside

9445 4/12-6/14 Th 1-2:50PM  
\$149 CTC Rm: 338 G. Hays

### Intro to Mac

Are you new to the Mac or just want to take your skills to the next level? Learn the basics of operating your Mac, including learning its controls and developing a good understanding of Finder and System Preferences. Additionally, explore many built-in apps and learn many useful tricks and tips. Bring your Mac to class or use Clark College's iMacs.

No class 4/27

#### Main Campus

9446 4/13-6/15 F 10-11:50AM  
\$159 AA4 Rm: 102 G. Hays

### Photos for iPhone, iPad & Mac

Learn how to use your iPhone or iPad to take fantastic pictures! Explore how to use the Photos app on your iPhone/iPad and your Mac. Includes the full range of your picture-taking experience, starting with the Camera app in your iPhone/iPad and ending with sharing your best photos with family and friends. Bring your iPhone/iPad and Mac to class or use Clark College's iMacs. Prerequisite: know how to use a Mac.

No class 4/27

#### Main Campus

9447 4/13-5/18 F 1-2:50PM  
\$119 AA4 Rm: 102 G. Hays



## MATURE LEARNING

## FITNESS

### Qigong/Tai Chi

For beginners. Gentle, guided exercises for balance, self-confidence and wellbeing.

Class held at Hazel Dell Grange:  
7509 NE Hazel Dell Ave.

9401 4/10-5/3 Tu, Th 8:30-9:30AM  
\$59 K. LaBriere

### Qigong

Multiple short, simple processes with weekly meditation. Class held at Hazel Dell Grange: 7509 NE Hazel Dell Ave.

9405 4/10-5/3 Tu, Th 9:40-10:40AM  
\$59 K. LaBriere

### Tai Chi II

More advanced steps in Qigong/Tai Chi.

Class held at Hazel Dell Grange:  
7509 NE Hazel Dell Ave.

9404 4/10-5/3 Tu, Th 10:50-11:50AM  
\$59 K. LaBriere

### Tai Chi & Qigong for Life

Optimum in Tai Chi forms: balance, flexibility, inner calmness, and well-being.

#### Eastside

9400 4/9-6/20 M, W, F 9-9:50AM  
\$129 CTC Rm: 110 M. David Fetyko

### Yoga I

Physical poses to relieve stress, increase strength, balance, and flexibility.

#### Eastside

9402 4/10-6/14 Tu, Th 1-1:50PM  
\$99 CTC Rm: 110 S. Fleming

### Yoga II

More advanced Yoga disciplines.

#### Eastside

9403 4/10-6/14 Tu, Th 3-3:50PM  
\$99 CTC Rm: 110 S. Fleming

### Pilates

Balanced development of core strength.

#### Eastside

9406 4/10-6/14 Tu, Th 2-2:50PM  
\$99 CTC Rm: 110 S. Fleming

Forget tests and grades...join a relaxed, open, and welcoming atmosphere with interesting people.  
Spring term we dive into juicy topics with lots of opportunities for facilitated dialogue!

## AFTERNOON ACADEMICS

### Nuclear North Korea

Discover the background realities of the North Korean nuclear crisis in a regional context. How does it affect its Pacific Rim neighbors? What are the roles of China, Japan, and South Korea, and how do their interlocking histories influence their current options? What are the implications of the U.S. response? Learn the reality of the threat from a technical and geo-strategic standpoint. Explore possible solutions to curb North Korea's nuclear ambitions.

#### Eastside

9429	4/13-5/11 F	1:30-3:20PM
\$60	CTC Rm: 338	G. Abramson

### Citizen's Salon

Join inspired instructor Benedicktus and a gallery of fascinating guests: local intellectuals and opinion leaders with a wide variety of viewpoints about health care, the environment, public safety, public works, and social justice. Discuss their viewpoints, offer questions, and suggest answers in a facilitated forum with new topics for spring term.

#### Eastside

9430	4/9-5/7 M	1:30-3:20PM
\$60	CTC Rm: 338	D. Benedicktus

### Across the Oregon Trail

By the 1860s, as the American Civil War was coming to an end, many weary of a nation ravaged by war sought a fresh start in a land filled with promise. Their migration established what we have come to call The Oregon Trail. Who were some of these courageous people? What was the way of their journey? What were some of the challenges they encountered? Discover the tales of settlers, trappers, explorers, and adventurers!

*No class on 05/01*

#### Main Campus

9431	4/10-5/8 Tu	1-3:20PM
\$60	FHL Rm: 126	J. Carlson

### #MeToo/Speak Your Truth

Sexual harassment is one of history's oldest crimes, but in 2017 a movement arose after heinous violations attributed to Hollywood celebrities were exposed. #MeToo brings up many issues—how does power affect the workplace? How should men of quality respond? Are some violations of a lesser offense and if so, how should we rank harassments? Are Americans too "Puritanical" (so say the French)? Each week there will be speakers and time for facilitated dialogue.

#### Main Campus

9432	4/12-5/10 Th	1:30-3:20PM
\$60	FHL Rm: 126	H. McAfee

### Divine da Vinci

He was a scientist, inventor, musician, writer, sculptor, and he could even paint! Put aside all the myths, misconceptions, and rumors about Leonardo made popular in recent years to explore the remarkable life and accomplishments of the "man from Vinci." Visit the works of art, detailed anatomical drawings, designs for war machines, mathematical discoveries, musical compositions, folk fables, and stories.

#### Eastside

9433	4/11-5/9 W	1:30-3:20PM
\$60	CTC Rm: 338	E. Bedecarrax

### DNA & Identity

These days everyone knows something about DNA. Widely publicized studies reveal the complex history of our species, the ongoing flow of people, and their genes around the globe. Commercial DNA tests now make it affordable and accessible enough for people to explore their own individual ancestry. How does genetic data shape our sense of identity? What does it mean to share genes with people from all over the world, and even to our extinct ancestors like the Neanderthals?

*No class on 05/28*

#### Main Campus

9434	5/14-6/18 M	1:30-3:20PM
\$60	FHL Rm: 338	J. Fancher

### Coping with Hearing Loss

Are you dealing with your own hearing loss, or that of a close friend or family member? Learn basic information on causes of hearing loss, tests to identify current hearing status, possible improvement procedures, and coping skills to function better with diminished hearing. Examine the merits and drawbacks of various Assistive Listening Devices (ALDs) that benefit the hearing impaired. Discover audio resources available.

#### Eastside

9435	5/16-6/13 W	1:30-3:20PM
\$60	CTC Rm: 201	D. Viers

### The United Nations

In 1944, the United Nations charter called for an international security collective. It would consist of a General Assembly of all member states and a Security Council of the "Big Four" nations plus six members chosen by the Assembly. Representatives of fifty nations met in 1945 to complete the Charter of the United Nations. What led to the formation of this body? What have been the most compelling issues it has faced? What is its future?

#### Main Campus

9436	5/17-6/14 Th	2:10-4:10PM
\$60	FHL Rm: 126	J. Cavalli

### Sex & the Constitution II

Moving from the privacy issues in Part I, explore other personal and social issues that the U.S. Constitution did, or did not cover. Examine the issues of the gay rights movement. What legal issues stemmed from the granting of the right for all people to marry, or to have a wedding cake with two grooms on it? How did the Reagan administration handle the HIV/AIDS crisis? What issues still affect sexual orientation rights today?

#### Eastside

9437	5/15-6/12 Tu	1:30-3:30PM
\$60	CTC Rm: 338	D. Wolf

### Mindfulness & Meditation

Are you rushing through your life on automatic pilot, afraid you're missing out on what's really important? Mindfulness offers awareness of the present moment without judgment. It brings peace, freedom from anxiety, and acceptance. Invite happiness by releasing worry and banishing criticism. In addition to mindfulness practices, learn how to meditate. Studies show that meditation reduces rates of cognitive decline and dementia while improving focus and attention.

#### Main Campus

9438	5/18-6/15 F	1:30-3:20PM
\$60	SHL Rm: 102	D. Toland



Do you need help understanding Medicare? Come to a free, informative session that explains Medicare parts A, B, C, and D, as well as advantage plans vs. Medicare supplement plans, and prescription drug coverage. SHIBA (Statewide Health Insurance Benefits Advisors) volunteers will be available to answer your individual questions. SHIBA provides unbiased, confidential information on your Medicare rights and options. SHIBA is a program of the Washington State Office of the Insurance Commissioner.

#### Eastside

9450	5/14 M	6-8PM
\$0	CTC Rm: 144	

9451	6/11 M	6-8PM
\$0	CTC Rm: 144	

**FREE**

Please pre-register to help us have materials and seating for all.

Meet the team that creates and supports continuing education classes for our community.



When we asked the team "What is your favorite part of helping our instructors and students flourish?" here is what they had to say...

f

"The community the instructors and students create and the connections they maintain after classes are finished." -Damian

L

"My favorite part is hearing random people discuss our exploration that we released and the classes offered because it makes me feel like I was a part of something bigger and helped bring value to our community." -Leila

O

"When I meet up with a potential new instructor who has a fascinating topic that I know our students would love, and we get talking about everything about that topic - and I tell the instructor why our students are the very best people anyone could teach - it's a communion of ideas!" -Tracy

U

"I especially enjoy signing Mature Learners up for the salon and history classes; the instructors usually have a few classes focusing on current issues and I love the idea that people are taking classes for factual information and not simply forming opinions based on propaganda" -Leslie

R

"Training instructors on how to use the Smart Classroom technology keeping our Computer Labs updated with the latest available software for our courses" -Russell

"It's always rewarding to see people reach the goals they've set for themselves." -Amy

i

"Building this great team of Program Managers, Operations staff and Registration staff and watching them create an amazing place to teach and learn for our instructors and students." -Kerrie

s

"I love helping instructors share their passions and expertise with our local community. They have such amazing energy around the topics they teach!" -Jessica

h

"I love face to face interaction with instructors and students. Most of my job relies on email communication, so when instructors stop to say hi and chat with me, it feels like catching up with an old friend!" -Mamta

Next time you see us, let us know how you flourish personally and professionally.



# MAKE MUSIC: *Live Out Loud*

Flourish—become a musician, become a better musician, listen to music, sing, or just appreciate the raw energy of life's passions amplified. Learn from nationally acclaimed performers.



## Doug Smith

*Grammy winning acoustic guitarist & international fingerstyle champion*

## Mary Flower

*Internationally known award winning picker, singer/songwriter*

## Robbie Laws

*Internationally recognized blues guitar master*

## Guitar I/II

## Acoustic Blues Guitar

## Jammer's Lounge

# Looking for more than guitar? WE'VE GOT IT!

See page 10 for our full list of music classes, including:

Lew Jones – *Ukulele I + Ukulele II*

Mitzi Zilka – *Vocal Performance Workshop*

Aron Bernstein – *The Piano Course that Works + Rhythm in Music + A Ride Through Musical History*